

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

# **WAQF-E-NAU SCHEME**

**WAQF-E-NAU SYLLABUS**

**SERIES No. 2 BOOK No. 5**

**COMPLETE SYLLABUS  
10 TO 13 YEARS**

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## **Preface**

By the Grace of Almighty Allah, the Waqf-e-Nau department has been blessed with the task of translating the original syllabus (Nisab Waqf-e-Nau) into English. The syllabus for children up to ten years of age has already been translated and published and now this publication, Book No. 5, is the translation in English of the Nisab for the age groups 10 to 13 years.

Publications in Series 2 will also cover the Syllabus for 13 to 15 year olds in Book No. 6 and 15 to 17 year olds in Book No. 7. Insha 'Allah.

The Jamaat and the parents have to shoulder the very heavy responsibilities concerning the education and training of these children.

Parents, Secretaries Waqf-e-Nau and Missionaries are requested to discharge their responsibilities in accordance with the requirements of the National Waqf-e-Nau office.

Publications in Series No. 3 will be the Urdu rendering with English translations of the 5 very important sermons for the Waqfeen-e-Nau delivered by Hadhrat Khalifatul Masih IV (Rh).

Further publications will be the English translated books as advised by the Vakalat Waqf-e-Nau to be read by the Waqfe Nau children. Amongst these publications will be the 4 books titled Kaamyabee Ki Rahaen; Minhaj ut Talaybeen; Buchon Ki Parvarish; Kur Na Kur; Hadhrat Rasool-e-Kareem (saw) Aur Buchay; Piyare Rasool (saw) Ki

Piyari Baatain; Ghuncha-e-Gul; Guldusta; Hakayat-e-Shirin;  
Waqayat-e-Shirin; Hayat-e-Noorud-Din; Mayray Buchpun Kai Din.  
The readers are requested to offer special prayers for the publishing  
team that Allah may enable them to be successful in providing this  
important reading material for the Waqfeen-e-Nau children.

May Allah the Almighty accept your humble efforts and bless you.  
Ameen.



**Hadhrat Mirza Nasir Ahmad (Rh)**

**Khalifatul Masih III**

(Period of Khilafat 1965 1982)

Hadhrat Mirza Nasir Ahmad (Rh), the 3rd Khalifa of the Promised Messiah (a.s.), was born on November 16th 1909. His birth was foretold by God Almighty in a revelation to the Promised Messiah (a.s.):

*"I shall give you a boy who will be your grand son"*

(Haqeeqatul Wahi p 95)

Similarly, his father, Hadhrat Khalifatul Masih II, was told by God Almighty that he would be blessed with a son:

*"who will be Nasir (or Helper) of Religion"*

(Tareekh-e-Ahmadiyyat, IV, p 320)

Hadhrat Mirza Nasir Ahmad (Rh) became Haafiz at the age of thirteen, when he completed the memorisation of the Holy Qur'an. In July 1929, he obtained the degree of Maulvi Faadil (Religious Scholar), from Punjab University. In 1934, he graduated from Government College, Lahore. In November 1938, he came back to Qadian after obtaining his Masters Degree from Oxford University. Hadhrat Mirza Nasir Ahmad (Rh) first served as a professor then, from 1939 to 1944, as Principal of Jamia Ahmadiyya, Qadian. During the same period he also served as Sadr Majlis Khuddamul Ahmadiyya. In 1954 he was appointed Sadr Majlis Ansarullah.

Hadhrat Mirza Nasir Ahmad was elected Khalifatul Masih III on November 8 1965. He laid the foundation stone of Masjid Basharat, Spain, on 9 October 1980. On this occasion he coined the golden Islamic motto:

***Love for All, Hatred for None***

Hazoor passed away on June 9, 1982. During the seventeen years of his Khilafat, Hadhrat Khalifatul Masih III (Rh), with his unique administrative ability and his distinctive plans of far-reaching benefits, strengthened and expanded the Jama'at remarkably.

*Dear Waqfeen-e-Nau*

From amongst the Waqfeen e Nau, you are decent and pious children. May Allah accept your dedication.

Please remember merely memorising the syllabus is not enough. Make it a habit to act in accordance with its dictates.

Keep a diary and enter in it all the instructions given by Huzoor in the children's class of MTA. Then follow those instructions. Also enter in the diary the progress made each day.

Offer congregational prayers regularly. Revise the translation of Salaat. While offering Salaat, keep its meanings in mind.

Recite a portion of the Holy Quran everyday. Pray to Allah that you may become one of the prayerful children.

At home, at the appropriate occasion, make it a habit to use the Islamic terms such as Jazakumullah, Mashallah, Bismillah, Alhamdulillah, Inshallah and Sallala ho Elehe Wassalam.

Remind yourselves of true stories and incidents concerning your family. For example:

When did your family embrace Ahmadiyyat?

What sacrifices did they have to make?

What problems did they have to face?

Then call to mind how Allah the Almighty blessed your family.

At home make it a habit to sleep early and to rise early.

Attend the Waqf e Nau classes regularly and participate in the local monthly meetings of the Waqf e Nau.

If, in connection with Waqf e Nau, you are allocated a duty on behalf of the Jamaat, perform it with pleasure. It will indeed prove to be a piece of good fortune.

Pay attention to the issue of learning languages. Besides Arabic and Urdu, it is essential that every child should learn one of the local languages. You must also learn another language such as English, Spanish or French-whichever you can.

Participate in the invitations to subscribe to other demands such as: Tahreek-e-Jadeed and Waqf-e-Jadeed.

Apart from the curriculum followed at your school do take part in extra curricular activities such as games and membership of literary associations. You should seek guidance from your parents in this regard.

For your choice of friends, seek guidance from your parents.

Watch Muslim Television Ahmadiyya regularly, especially all programmes concerning the education and training of children.

Regularly study and review the sermons, articles, excerpts and announcements by Hadhrat Ameer ul Momeneen. The persual of articles in the 'Al Fazl' and 'Tashheez ul Izhaan' are sure to prove very useful.

Regularly write letters for prayers to Hadhrat Khalifatul Masih.

Read and listen to tales but make sure the stories help character-building. Seek guidance from your parents in the selection of such stories.

Make it a habit to be very punctual. Eat, drink and play at the hours you have predetermined.

Make it a habit to be very obedient. When you are asked to refrain from an act then avoid doing it.

Along with love for the Faith, you must also adore your fatherland.

Wear clothes suitable for the existing weather conditions.

Make it a habit to play games openly instead of on the sly.

Subject yourself to a medical examination at least once a year.

Physical exercise should be a part of your daily ritual. Participate in healthy games such as swimming, catapulting, airgun shooting, football and bari (a Punjabi game).

Learn to ride a bicycle.

Pay particular attention to cleanliness. Brush your teeth everyday, take a bath regularly, wear clean clothes and polish your shoes.

Keep your books, your house, the street, the locality and its environment clean and free from any blemish.

Make it a habit to participate in Waqar-e-Amal (dignity of labour) such as buying groceries for the household, polishing your shoes and attending to various other minor chores.



Participate in Khidmat-e-Khalq (service to humanity) such as visiting the sick, enquiring after their health and nursing them and being mindful of the rights of neighbours.

## For 10 to 11 Year Old Children

If possible, fast for 5 days a year.

Revise the Surahs of the Holy Quran and instructions concerning etiquettes, poems, prayers, Attributes of Allah the Almighty and Traditions of the Holy Prophet (saw) that are included in the previous syllabus.

### First Half Year

#### *Holy Quran with translation*

The first 17 verses of Surah Al-Baqarah, Surah Al-Asr, Surah Al-Fil and Surah Al-Kauthar.

*Surah Al-Baqarah (Verses 1-17):*

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ ﴿١﴾  
بِاٰیٰتِہٖۤ اٰتَمَّ ۙ ﴿٢﴾  
ذٰلِكَ الْکِتٰبُ لَا رَیْبَ فِیْہِ ۙ هُدًى  
لِّلْمُتَّقِیْنَ ﴿٣﴾  
الَّذِیْنَ یُؤْمِنُوْنَ بِالْغَیْبِ وَ  
یُقِیْمُوْنَ الصَّلٰوةَ وَرَمَّآ ذَرَقْنٰہُمْ  
یُنْفِقُوْنَ ﴿٤﴾

وَالَّذِينَ يُؤْمِنُونَ بِمَا أُنزِلَ إِلَيْكَ وَ  
مَا أُنزِلَ مِنْ قَبْلِكَ ۖ وَالْآخِرَةَ هُمْ  
يُؤْتُونَ ۝

أُولَئِكَ عَلَىٰ هُدًى مِنْ رَبِّهِمْ وَأُولَئِكَ  
هُمُ الْمُفْلِحُونَ ۝

إِنَّ الَّذِينَ كَفَرُوا سَوَاءٌ عَلَيْهِمْ ء  
أَنذَرْتَهُمْ أَمْ لَمْ تُنذِرْهُمْ لَا  
يُؤْمِنُونَ ۝

حَتَّمَ اللَّهُ عَلَىٰ قُلُوبِهِمْ وَعَلَىٰ سَمْعِهِمْ ۖ  
وَعَلَىٰ أَبْصَارِهِمْ غِشَاوَةٌ وَلَهُمْ عَذَابٌ  
عَظِيمٌ ۝

وَمِنَ النَّاسِ مَنْ يَقُولُ آمَنَّا بِاللَّهِ وَيُؤْمِرُ  
الْآخِرَ وَمَا هُمْ بِمُؤْمِنِينَ ۝

يُخَدِعُونَ اللَّهَ وَ الَّذِينَ آمَنُوا ۖ وَمَا  
يَخْدَعُونَ إِلَّا أَنفُسَهُمْ وَمَا يَشْعُرُونَ ۝  
فِي قُلُوبِهِمْ مَرَضٌ ۖ فَزَادَهُمُ اللَّهُ  
مَرَضًا ۖ وَلَهُمْ عَذَابٌ أَلِيمٌ ۖ بِمَا كَانُوا  
يَكْذِبُونَ ۝

وَرَادَ اِقْبِيلَ لَهُمْ لَا تُفْسِدُوا فِي الْاَرْضِ  
قَالُوا لَئِنَّمَا نَحْنُ مُصْلِحُونَ ﴿١٣﴾

اَلَا لَئِنَّمَا تَهْمُ هُمُ الْمُفْسِدُونَ وَلَكِنْ لَا  
يَشْعُرُونَ ﴿١٣﴾

وَرَادَ اِقْبِيلَ لَهُمْ اٰمِنُو كَمَا اٰمَنَ النَّاسُ  
قَالُوا اَنْتُمْ مِنْ كَمَا اٰمَنَ السُّفَهَاءُ  
اَلَا لَئِنَّمَا تَهْمُ هُمُ السُّفَهَاءُ وَلَكِنْ لَا  
يَعْلَمُونَ ﴿١٣﴾

وَرَادَ الْقَوَالَ الَّذِينَ اٰمَنُوا قَالُوا اٰمَنَّا  
وَرَادَ اَخْلَوْا لِي شَيْطَانِيهِمْ  
قَالُوا اِنَّا  
مَعَكُمْ لَئِنَّمَا نَحْنُ مُسْتَهْزِءُونَ ﴿١٥﴾

اَللّٰهُ يَسْتَهْزِئُ بِهِمْ وَيَمُدُّهُمْ فِي  
طُغْيَانِهِمْ بِعَمَلِهِمْ ﴿١٦﴾

اُولَئِكَ الَّذِينَ اشْتَرَوُا الضَّلٰلَةَ  
بِالْهُدٰى فَمَا رِيحَتْ تِجَارَتُهُمْ وَمَا  
كَانُوا مُهْتَدِيْنَ ﴿١٤﴾

#### Translation

1. In the name of Allah, the Gracious, the Merciful.
2. Alif, Lam, Mim. (I am Allah; the All-Knowing)
3. This is a perfect Book; there is no doubt in it; it is a guidance for the righteous,

4. *Who believe in the unseen and observe prayer and spend out of what We have provided for them.*
5. *And who believe in that which has been revealed to thee and that which was revealed before thee and they have firm faith in the hereafter.*
6. *It is they who follow the guidance from their Lord and it is they who shall prosper.*
7. *Those who have disbelieved - it being alike to them whether thou warn them or warn them not - they will not believe.*
8. *And of the people there are some who say, 'We believe in Allah, and the Last Day;' while they are not believers at all.*
10. *They would deceive Allah and those who believe, but they deceive none but themselves; only they perceive it not.*
11. *In their hearts was a disease, so Allah has increased their disease, and for them is a grievous punishment because they lied*
12. *And when it is said to them, 'Create not disorder in the earth,' they say, 'We are only promoters of peace.'*
13. *Beware! it is surely they who create disorder, but they do not perceive it.*
14. *And when it is said to them, 'Believe as other people have believed,' they say, 'Shall we believe as the fools have believed?' Remember! it is surely they that are the fools, but they do not know.*
15. *And when they meet those who believe, they say, 'We believe;' but when they are alone with their ring-leaders they say, 'We are*

certainly with you; We were only mocking.'

16. Allah will punish their mockery and will let them continue in their transgression, wandering blindly.

17. These are they who have bartered away guidance for error, but their traffic has brought them no gain, nor are they rightly guided.

Surah Al-Asr:

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ ﴿۱﴾  
وَالْعَصْرِ ﴿۲﴾  
اِنَّ الْاِنْسَانَ لَفِي خُسْرٍ ﴿۳﴾  
اِلَّا الَّذِیْنَ اٰمَنُوْا وَعَمِلُوا الصّٰلِحٰتِ  
﴿۴﴾ وَتَوٰصَوْا بِالْحَقِّ وَتَوٰصَوْا بِالصَّبْرِ ﴿۵﴾

Translation

1. In the name of Allah, the Gracious, the Merciful.
2. By the Time,
3. Surely, man is ever in a state of loss,
4. Except those who believe and do righteous deeds, and exhort one another to preach Truth, and exhort one another to be steadfast.

Surah Al-Fil:

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ ۝۱  
اَلَمْ تَرَ كَيْفَ فَعَلَ رَبُّكَ بِاَصْحٰبِ  
الْفِیْلِ ۝۲

اَلَمْ یَجْعَلْ كَيْدَهُمْ فِی تَضْلِیْلِ ۝۳  
وَاَرْسَلَ عَلَیْهِمْ طَیْرًا اَبَابِیْلَ ۝۴  
تَرْمِیْهِمْ بِحِجَارَةٍ مِّنْ سِجِّیْلِ ۝۵  
فَجَعَلَهُمْ كَعَصْفٍ مَّا كُوِّنَ ۝۶

Translation

1. In the name of Allah, the Gracious, the Merciful.
2. Knowest thou not how thy Lord dealt with the Owners of the Elephant ?
3. Did He not cause their design to miscarry?
4. And He sent against them swarms of birds,
5. Which ate their dead bodies, striking them against stones of clay.
6. And thus made them like broken straws, eaten up.

*Surah Al-Kauthar:*

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ ﴿١﴾  
إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ ﴿٢﴾  
فَصَلِّ لِرَبِّكَ وَانْحَرْ ﴿٣﴾  
إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ ﴿٤﴾

Translation

1. In the name of Allah, the Gracious, the Merciful.
2. Surely, We have bestowed upon thee an abundance of good;
3. So pray to thy Lord, and offer sacrifice.
4. Surely, it is thy enemy who shall be without issue.

#### **Ahadith with translation**

الْأَعْمَالُ بِالنِّيَّةِ -

*Deeds are judged on the basis of intentions behind them.*

النَّاسُ كَأَسْنَانِ الْمُشِطِّ -

*People are like the teeth of a comb.*

اسْتَعِينُوا عَلَى الْحَوَائِجِ بِالْكَتْمَانِ -

*Seek help to meet your needs but secretly.*



الْغِنَىٰ غِنَى النَّفْسِ -

*You can only truly be well off and wealthy if you are well off and wealthy at heart.*

الْحَيَاءُ خَيْرٌ كُلَّهُ -

*Modesty is all virtue.*

### **Poems**

Tarana e Atfal (Kalam-e-Mahmud)

کہ اس عالم کون کا اک خدا ہے

ستاروں کو سورج کو اور آسماں کو

وہ مالک ہے سب کا وہ حاکم ہے سب پر

ہمیشہ سے ہے اور ہمیشہ رہے گا

بڑی سے بڑی ہو کہ چھوٹی سے چھوٹی

بدوں اور نیکیوں کو پہچانتا ہے

مری رات دن بس یہی اک صدا ہے

اسی نے ہے پیدا کیا اس جہاں کو

وہ ہے ایک اُس کا نہیں کوئی ہمسر

نہ ہے باپ اُس کا نہ ہے کوئی بیٹا

کوئی شے نظر سے نہیں ہے اُس کے مخفی

دلوں کی چھپی بات بھی جانتا ہے

وہ دیتا ہے بندوں کو اپنے ہدایت

دکھاتا ہے ہاتھوں پہ اُن کے کرامت

ہے فریاد مظلوم کی سُننے والا

صداقت کا کرتا ہے وہ بول بالا

گناہوں کو بخشش سے ہے ڈھانپ دیتا

غریبوں کو رحمت سے ہے تھام لیتا

یہی رات دن اب تو میری صدا ہے

یہ میرا اُخدا ہے یہ میرا اُخدا ہے

### **Prayers with translation**

On appropriate occasions make it a habit to offer these prayers:

When beginning to eat.

بِسْمِ اللّٰهِ وَعَلَىٰ بَرَكَاتِهِ -

*In the name of Allah and with the blessing of Allah (I start eating)*

After finishing eating.

الْحَمْدُ لِلّٰهِ الَّذِي اَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِينَ -

*All praise belongs to Allah who provided us with food and drink and enabled us to be Muslims (submissive to God).*

When going to sleep.

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَى -

*O Allah in your name I die (sleep) and I return to life (awake).*

When rising from sleep.

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ -

*All praise belongs to Allah who brought us back to life, after causing us to die, and to Him is our return.*

Prayer for parents.

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيْنِي صَغِيرًا -

*My Lord be merciful to both my parents as they were to me in my infancy.*

When preparing for Ablution.

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ -

*O Allah! Make me from among those who repent of their sins, and from among those who keep themselves pure and clean.*

### **Etiquettes**

Make it a habit to follow the etiquettes you have learnt such as:

While in the Mosque.

When offering Salaat.

While at home.

When eating food.

### ***Attributes of Allah the Almighty***

After memorising the following attributes make it a habit to pray bearing in mind the appropriate attribute.

رَبُّ الْعَالَمِينَ -

*Lord of the Universe*

الرَّحْمَنُ -

*The Gracious*

الرَّحِيمُ -

*The Merciful*

مَالِكِ يَوْمِ الدِّينِ -

*Master of the Day of Judgement*

الْغَفَّارُ -

*The Ever Forgiving*

الْعَلِيمُ -

*The All Knowing*

السَّمِيعُ -

*The All Hearing*

### ***Life and Character***

Study in detail the childhood of the Holy Prophet of Islam (saw).

Hazrat Adam (pbuh) was a Prophet of God; study his life and character.

## Second Half Year

Revise all the verses of the Holy Quran, Etiquettes , Poems, Prayers, Attributes of God and Traditions of the Holy Prophet (saw) that you have already learnt.

### ***Holy Quran with translation***

Surah Al-Ikhlās, Surah Al-Falaq, Surah Al-Nas and Ayat Tul Kursi,

*Surah Al-Ikhlās:*

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ ﴿١﴾  
قُلْ هُوَ اللّٰهُ اَحَدٌ ﴿٢﴾  
اللّٰهُ الصَّمَدُ ﴿٣﴾  
لَمْ يَلِدْهُ وَلَمْ يُولَدْ ﴿٤﴾  
لَمْ يَلِدْهُ وَلَمْ يَكُنْ لَهٗ كُفُوًا اَحَدٌ ﴿٥﴾

Translation

1. *In the name of Allah, the Gracious, the Merciful.*
2. *Say 'He is Allah, the One!*
3. *Allah the Independent and Besought of all.*
4. *'He begets not, nor, is He begotten,*
5. *And there is none like unto Him.*

*Surah Al-Falaq:*

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ ۝  
قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ ۝  
مِنْ شَرِّ مَا خَلَقَ ۝  
وَمِنْ شَرِّ غَاسِقٍ اِذَا وَقَبَّ ۝  
وَمِنْ شَرِّ النَّفّٰثٰتِ فِي الْعُقَدِ ۝  
وَمِنْ شَرِّ حَاسِدٍ اِذَا حَسَدَ ۝

Translation

- 1. In the name of Allah, the Gracious, the Merciful.*
- 2. Say, I seek refuge in the Lord of the dawn,*
- 3. 'From the evil of that which He has created,*
- 4. 'And from the evil of darkness when it overspreads,*
- 5. And from the evil of those who blow upon the knots of mutual relationships to undo them,*
- 6. 'And from the evil of the envier when he envies.*

*Surah Al-Nas:*

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ ۝۱  
قُلْ اَعُوْذُ بِرَبِّ النَّاسِ ۝۲  
مَلِكِ النَّاسِ ۝۳  
اِلٰهِ النَّاسِ ۝۴  
مِنْ شَرِّ الْوَسْوَاسِ الْخٰفِیْنَ ۝۵  
الَّذِیْ یُوسِّسُ فِیْ صُدُوْرِ النَّاسِ ۝۶  
اِیُّۡمِنَ الْجِنَّۃِ وَالنَّاسِ ۝۷

Translation

- 1. In the name of Allah, the Gracious, the Merciful.*
- 2. Say, 'I seek refuge in the Lord of mankind,*
- 3. 'The King of mankind,*
- 4. 'The God of mankind,*
- 5. 'From the evil whisperings of the sneaking whisperer;*
- 6. 'Who whispers into the hearts of men,*
- 7. 'From among jinn and men.*

*Ayat tul Kursi:*

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ  
لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي  
السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي  
يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ  
مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا  
يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا  
شَاءَ ۚ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْ  
أَرْضَ ۖ وَلَا يَئُودُهُ حِفْظُهُمَا ۚ وَهُوَ  
الْعَلِيُّ الْعَظِيمُ ﴿٢٥٦﴾

Translation

*256. Allah - there is no God save Him, the Living, the Self-Subsisting and All-Sustaining. Slumber seizes Him not, nor sleep. To Him belongs whatsoever is in the heavens and whatsoever is in the earth. Who is he that dare intercede with Him save by His permission? He knows what is before them and what is behind them; and they encompass nothing of His knowledge except what He pleases. His knowledge extends over the heavens and the earth; and the care of them wearies Him not; and He is the High, the Great.*



### **Ahadith with translation**

مَنْ قَتَلَ دُونَ مَا لَهُ فَهُوَ شَهِيدٌ -

*He who lays down his life protecting his assets is a martyr.*

لَيْسَ الْخَبْرُ كَالْمُعَايَنَةِ -

*In no way is hearsay equal to witnessing an event.*

الْحَرْبُ خُدْعَةٌ -

*Another name for war is trickery.*

الْمُسْلِمُ مِرْآةُ الْمُسْلِمِ -

*A Muslim is like a mirror for another Muslim.*

السَّعِيدُ مَنْ وُعِظَ بِغَيْرِهِ -

*The one who learns from another's experience is the real fortunate one.*

### **Poem**

ہو فضل تیرا یا رب یا کوئی ابتلا ہو

راضی ہیں ہم اسی میں جس میں تری رضا ہو

مٹ جاؤں میں تو اس کی پرواہ نہیں ہے کچھ بھی

میری فنا سے حاصل گر دین کو بقا ہو

سینہ میں جوشِ غیرت اور آنکھ میں حیا ہو

لب پر ہو ذکرتیرادل میں تری وفا ہو

شیطان کی حکومت مٹ جائے اس جہاں سے

حاکم تمام دنیا پہ میرا مصطفیٰ ہو

محمود عمر میری کٹ جائے کاش یونہی

ہو روح میری سجدہ میں سامنے خدا ہو

۔ از کلام محمود۔

قرآن سب سے اچھا قرآن سب سے پیارا

قرآن دل کی قوت قرآن ہے سہارا

اللہ میاں کا خط ہے جو میرے نام آیا

اُستانی جی پڑھاؤ جلدی مجھے سپارا

پہلے تو ناظرے سے آنکھیں کروں گی روشن

پھر ترجمہ سکھانا جب پڑھ چکوں میں سارا

مطلب نہ آئے جب تک کیونکر عمل ہے ممکن

بے ترجمے کے ہرگز اپنا نہیں گزارا

یارب تو رحم کر کے ہم کو سکھا دے قرآن

ہر دکھ کی یہ دوا ہو ہر درد کا ہو چارا

دل میں ہو میرے ایماں سینے میں نورِ فرقاں

بن جاؤں پھر تو سچ سچ میں آسماں کا تارا

- از بجا ردل - حضرت میر محمد اسماعیل صاحبؒ -

### **Prayers**

Make it a habit to recite these prayers where appropriately.

Prayers for greater knowledge:

رَبِّ زِدْنِي عِلْمًا

Prayer on entry into a Mosque:

بِسْمِ اللَّهِ الصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ - اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي  
وَافْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Prayer on exit from a Mosque:

بِسْمِ اللَّهِ الصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ - اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي  
وَافْتَحْ لِي أَبْوَابَ فَضْلِكَ

Prayer at the time of a Funeral service:

اللَّهُمَّ اغْفِرْ لِحَيِّنَا وَمَيِّتِنَا وَشَاهِدِنَا وَغَائِبِنَا وَصَغِيرِنَا وَكَبِيرِنَا وَ  
ذَكَرِنَا وَأُنْتَنَا اللَّهُمَّ مَنْ أَحْيَيْتَهُ مِنَّا فَأَحْيِهِ عَلَى الْإِسْلَامِ ط وَ مَنْ

تَوْفِيقَهُ مِنَّا فَتَوَقَّهِ عَلَى الْإِيمَانِ ۝ اللَّهُمَّ لَا تَحْرِمْنَا أَجْرَهُ وَلَا تَفْتِنَّا بَعْدَهُ

### ***Etiquettes***

Make the etiquettes that you have learnt a part of your life.

How to participate in a meeting.

How to conduct oneself while studying at school.

How to behave on the streets.

How to behave while on a journey.

### ***Attributes of Allah the Almighty***

Memorise the following attributes with translation and then make it a habit to pray on the basis of these attributes.

التَّوَّابُ -

*The Acceptor of Repentance*

الْحَكِيمُ -

*The Wise*

الشَّافِي -

*The Healer*

الرَّزَّاقُ -

*The Provider*

السَّلَامُ -

*The Bestower of Peace*

الْمُؤْمِنُ -

*The Bestower of security*

الْمُهَيِّمُ -

*The Protector*

الْعَظِيمُ -

*The Great*

### ***Life and Character***

Study the life and character of our dear Master the Promised Messiah (pbuh) during the period before the Almighty pronounced him Imam Mahdi.

Noah (pbuh) was a Prophet of God. Study his life and character.

## **For 11 to 12 year old Children**

Start learning the translation of the Holy Quran.

If possible this year, fast for seven days.

### **First Half Year**

#### ***Holy Quran with translation***

Surah Al-Baqarah verses 1 – 17.

***Please refer to page 9.***

#### ***Ahadith with translation***

الْمُسْتَشَارُ مُؤْتَمَنٌ -

*He from whom advice is sought becomes a Trustee.*

الْمَجَالِسُ بِالْأَمَانَةِ -

*Groups are formed on the basis of trust.*

الْمَرْءُ مَعَ مَنْ أَحَبَّ -

*One keeps the company of the person whom he loves.*

الْبَلَاءُ مُؤَكَّلٌ بِالْمَنْطِقِ -

*Occasionally, speaking a few words can result in devastation.*

خَيْرُ الْأُمُورِ أَوْسَطُهَا -

*The middle course is the best.*

### **Prayers**

Memorise the prayers to be offered on entry into and exit out of a house. Make it a habit to recite these prayers on appropriate occasions.

Prayer for entering into a house:

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ الْمَوْلَجِ وَخَيْرَ الْمَخْرَجِ بِسْمِ اللَّهِ وَلَجْنَا  
وَ عَلَى اللَّهِ رَبَّنَا تَوَكَّلْنَا -

Prayer for exit out of a house:

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ -

### **Poem**

We shall annihilate the rule of Satan from this world.

ہم احمدی بچے ہیں کچھ کر کے دکھادیں گے  
شیطان کی حکومت کو دُنیا سے مٹادیں گے  
ہر سمت پکاریں گے دنیا میں نظیر آیا  
ہر ایک کو جا جا کر پیغامِ خُدا دیں گے  
کہتی ہے غلط دنیا عیسیٰؑ ہے ابھی زندہ  
برہانِ توفیٰ کی قرآن سے بتادیں گے  
ہم احمدی بچے ہیں کچھ کر کے دکھادیں گے  
شیطان کی حکومت کو دنیا سے مٹادیں گے

### **Attributes of Allah the Almighty**

Memorise the following attributes of Allah with translation. Bear in mind the relevant attribute when praying to Him.

الْغَفُورُ -

*The Most forgiving*

الْحَلِيمُ -

*The Forbearing*



الْبَصِيرُ -

*The All seeing*

الْقَدِيرُ -

*The All Powerful*

الْخَبِيرُ -

*The All-Aware*

### ***Life and Character***

Study the life and character of our dear master Hadhrat Mohammad Mustafa (saw) before he was commissioned as a prophet.  
Study the life and character of Prophet Abraham (pbuh).

## Second Half Year

### Holy Quran with translation

Surah Al-Baqrah verses 256 – 257:

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ  
لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ ۚ لَهٗ مَا فِي  
السَّمٰوٰتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي  
يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ۚ يَعْلَمُ  
مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۚ وَلَا  
يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا  
شَاءَ ۚ وَسِعَ كُرْسِيُّهُ السَّمٰوٰتِ وَ  
الْأَرْضَ ۚ وَلَا يَئُودُهُ حِفْظُهُمَا ۚ وَهُوَ  
الْعَلِيُّ الْعَظِيمُ ﴿٢٥٦﴾

لَا تُكْرَهُ فِي الدِّينِ تَدَبُّرُ الرَّشْدِ  
مِنَ الْعَيِّ ۚ فَمَنْ يَكْفُرْ بِالطَّاعُوٰتِ وَ  
يُؤْمِنُ بِاللَّهِ فَقَدِ اسْتَمْسَكَ بِالْعُرْوَةِ  
الْوُثْقَىٰ لَا انْفِصَامَ لَهَا ۗ وَاللَّهُ سَمِيعٌ  
عَلِيمٌ ﴿٢٥٧﴾

Translation

256. Allah - there is no God save Him, the Living, the Self-Subsisting and All-Sustaining. Slumber seizes Him not, nor sleep. To Him belongs whatsoever is in the heavens and whatsoever is in the earth.

*Who is he that dare intercede with Him save by His permission? He knows what is before them and what is behind them; and they encompass nothing of His knowledge except what He pleases. His knowledge extends over the heavens and the earth; and the care of them wearies Him not; and He is the High, the Great.*

*257. There is no compulsion in religion. Surely, the right way has become distinct from error; so whosoever refuses to be led by those who transgress, and believes in Allah, has surely grasped a strong handle which knows no breaking. And Allah is All-Hearing. All-Knowing.*

### **Ahadith with translation**

الدَّالُّ عَلَى الْخَيْرِ كَفَاعِلِهِ -

*He who guides another towards a good deed is like the one who performs a good deed.*

عِدَّةُ الْمُؤْمِنِ كَأَخَذِ الْكَفِّ -

*A promise by a believer is as good as actually receiving the promised thing in your hand.*

لَيْسَ مِنَّا مَنْ غَشَّنَا -

*We have nothing to do with the one who deceives us.*

سَيِّدُ الْقَوْمِ خَادِمُهُمْ -

*The Chief of a people is one who serves them.*

لَا يَشْكُرُ اللَّهَ مَنْ لَّا يَشْكُرُ النَّاسَ -

*He who does not show gratitude to other human beings is in fact not grateful to God.*

### **Prayers**

Prayer on hearing the Azaan

اللَّهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ وَالصَّلَاةِ الْقَائِمَةِ اِنِّ مُحَمَّدِنِ  
الْوَاسِيَلَةِ وَالْفَضِيْلَةِ وَالدَّرَجَةِ الرَّفِيْعَةِ وَابْعَثْهُ مَقَامًا مَّحْمُوْدًا نِ الَّذِي  
وَعَدْتَهُ اِنَّكَ لَا تُخْلِفُ الْمِيْعَادَ -

### **Attributes of Allah the Almighty**

Memorise with translation the following attributes of God and when praying, bear in mind the appropriate attribute:

الْعَلِيْمُ -

*The All Knowing*

الشَّهِيدُ -

*The Witness and Guardian*

الْكَبِيْرُ -

*The Greatest*

الْعَلِيُّ -

*The Sublime and Lofty*

النَّصِيرُ -

*The Helper*

***Life and Character***

Study the life and character of our dear master the Promised Messiah (pbuh) during the period before the Almighty pronounced him the Promised Messiah.

Hadhrat Nuh (as) was a prophet of Allah. Study his life and character.

## For 12 to 13 Year Old Children

Complete the first half of the first part of the Holy Quran with translation.

If possible, fast for ten days this year.

### First Half Year

#### *Holy Quran with translation*

Surah Aale Imran verses 26 – 28 and 191 – 195.

Surah Aale-Imran verses 26 – 28:

فَكَيْفَ إِذَا جَمَعْتَهُمْ لِيَوْمٍ لَا رَيْبَ فِيهِ  
وَأُوقِيَتْ كُلُّ نَفْسٍ مَّا كَسَبَتْ وَهُمْ لَا  
يُظْلَمُونَ ﴿٢٦﴾

قُلِ اللَّهُمَّ مَلِكُ الْمُلْكِ تُؤْتِي الْمُلْكَ  
مَنْ تَشَاءُ وَتَنْزِعُ الْمُلْكَ مِمَّنْ تَشَاءُ  
وَتُعِزُّ مَنْ تَشَاءُ وَتُذِلُّ مَنْ تَشَاءُ بِإِذْنِكَ  
الْخَيْرُ إِنَّكَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ ﴿٢٧﴾

تُؤَلِّجُ اللَّيْلَ فِي النَّهَارِ وَتُؤَلِّجُ النَّهَارَ  
 فِي اللَّيْلِ وَتُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ  
 وَتُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ وَتَرزُقُنِي مِّنْ  
 تَشَاءُ بِغَيْرِ حِسَابٍ ﴿٢٨﴾

Translation

26. *How will it be with them when We will gather them together on the Day about which there is no doubt; and when every soul shall be paid in full what it has earned, and they shall not be wronged?*

27. *Say, 'O Allah, Lord of sovereignty, Thou givest sovereignty to whomsoever Thou pleasest; and Thou takest away sovereignty from whomsoever Thou pleasest. Thou exaltest whomsoever Thou pleasest and Thou abasest whomsoever Thou pleasest. In Thy hand is all good. Thou surely hast power to do all things.*

28. *Thou makest the night pass into the day and makest the day pass into the night. And Thou bringest forth the living from the dead and bringest forth the dead from the living. And Thou givest to whomsoever Thou pleasest without measure.'*

إِنَّ فِي خَلْقِ السَّمٰوٰتِ وَ الْاَرْضِ  
وَ اَخْتِلَافِ الْيَلِيْلِ وَ النَّهَارِ لَآيٰتٍ لِّاُولِي  
الْاَلْبَابِ ﴿١٩١﴾

الَّذِيْنَ يَذْكُرُوْنَ اللّٰهَ قِيٰمًا وَّ قُعُوْدًا وَّ  
عَلٰى جُنُوْبِهِمْ وَّ يَتَفَكَّرُوْنَ فِيْ خَلْقِ  
السَّمٰوٰتِ وَ الْاَرْضِ ۗ رَبَّنَا مَا خَلَقْتَ هٰذَا  
بَاطِلًا ۗ سُبْحٰنَكَ قَوْمًا عَذٰبِ النَّٰرِ ﴿١٩٢﴾  
رَبَّنَا اِنَّكَ مَن تَدْخِلِ النَّارَ فَقَدْ  
اَخْرَجْتَهُ ۗ وَاَمَّا لِلظّٰلِمِيْنَ مِن اَنْصَارٍ ﴿١٩٣﴾  
رَبَّنَا اِنَّا سَمِعْنَا مُنَادِيًا يُنَادِي  
بِلَدِيْمٰنٍ اَنْ اٰمِنُوْا بِرَبِّكُمْ فَاٰمَنَّا ۗ  
رَبَّنَا فَاغْفِرْ لَنَا ذُنُوْبَنَا وَ كَفِّرْ عَنَّا  
سَيِّئَاتِنَا وَ تَوَفَّنَا مَعَ الْاَبْرٰرِ ﴿١٩٤﴾  
رَبَّنَا وَاٰتِنَا مَا وَعَدْتَنَا عَلٰى رُسُلِكَ وَا  
لَا تُخْزِنَا يَوْمَ الْقِيٰمَةِ ۗ اِنَّكَ لَا  
تُخْلِفُ الْمِيْعَادَ ﴿١٩٥﴾

Translation

191. In the creation of the heavens and the earth and in the  
alternation of the night and the day there are indeed Signs for men of  
understanding;



192. *Those who remember Allah standing, sitting, and lying on their sides, and ponder over the creation of the heavens and the earth; and say, 'Our Lord, thou hast not created this universe in vain. Holy art Thou; save us then from the punishment of the Fire;'*

193. *'Our Lord, whomsoever Thou causest to enter the Fire, him Thou hast surely disgraced. And the wrongdoers shall have no helpers;'*

194. *'Our Lord, we have heard a Crier calling us unto faith, saying, 'Believe ye in your Lord,' and we have believed. Our Lord, forgive us, therefore, our sins and remit from us our evils and in death join us with the righteous;'*

195. *'Our Lord, give us what Thou hast promised to us through Thy Messengers; and disgrace us not on the Day of Resurrection. Surely, Thou breakest not Thy promise.*

### **Ahadith with translation**

الْيَدُ الْعُلْيَا خَيْرٌ مِنَ الْيَدِ السُّفْلَى -

*The upper hand is better than the lower hand.*

التَّائِبُ مِنَ الذَّنْبِ كَمَنْ لَمْ يذَنْبْ لَهُ -

*He, who, after committing a sin repents, becomes like one who has not committed any sin.*

إِذَا جَاءَ كُمْ كَرِيمٌ قَوْمٍ فَأَكْرِمُوهُ -

*When a respectable person from another people comes to you, show him due respect.*

الْيَمِينُ الْفَاجِرَةُ تَدْعُ الدِّيَارَ بِلَاقِعٍ -

*Untrue oaths ruin habitats*

اتَّقُوا النَّارَ وَلَوْ بِشِقِّ تَمْرَةٍ -

*Avoid the punishment of fire even if by donating a portion of a date in charity.*

*Poem:*

(Kalaam e Mahmood).

میں اپنے پیاروں کی نسبت ہرگز نہ کروں گا پسند کبھی  
وہ چھوٹے درجہ پر راضی ہوں اور اُن کی نگاہ رہے نیچی  
وہ چھوٹی چھوٹی باتوں پر شیروں کی طرح غراتے ہوں  
ادنیٰ سا قصور اگر دیکھیں تو منہ میں کف بھراتے ہوں  
وہ چھوٹی چھوٹی چیزوں پر امید لگائے بیٹھے ہوں  
وہ ادنیٰ ادنیٰ خواہش کو مقصود بنائے بیٹھے ہوں  
شمسیرِ زباں سے گھر بیٹھے دشمن کو مارے جاتے ہوں  
میدانِ عمل کا نام بھی لو تو جھینپتے ہوں گھبراتے ہوں  
گیدڑ کی طرح وہ تاک میں ہوں شیروں کے شکار پہ جانے کی  
اور بیٹھے خوابیں دیکھتے ہوں وہ اُن کا جوٹھا کھانے کی

اے میری اُلفت کے طالب! یہ میرے دل کا نقشہ ہے  
اب اپنے نفس کو دیکھ لے تو وہ ان باتوں میں کیسا ہے  
گر تیری ہمت چھوٹی ہے گرتیرے ارادے مُردہ ہیں  
گر تیری اُمنگیں کوتاہ ہیں گرتیرے خیال افسردہ ہیں  
کیا تیرے ساتھ لگا کر دل میں خود بھی کمینہ بن جاؤں  
ہوں جنت کا مینار مگر دوزخ کا زینہ بن جاؤں  
ہے خواہش میری اُلفت کی تو اپنی نگاہیں اُونچی کر  
تدبیر کے جالوں میں مت پھنس کر قبضہ جا کے مقدر پر  
میں واحد کا ہوں دلدادہ اور واحد میرا پیارا ہے  
گر تو بھی واحد بن جائے تو میری آنکھ کا تارا ہے  
تُو ایک ہو ساری دُنیا میں کوئی سا جھی اور شریک نہ ہو  
تُو سب دُنیا کو دے لیکن خود تیرے ہاتھ میں بھیک نہ ہو  
- کلام محمود -

### **Prayers**

Memorise the prayers to be recited on mounting a mount and on completion of a journey. Then make it a habit to recite these prayers on appropriate occasions.

### **Attributes of Allah the Almighty**

Memorise the following with translation and then relate to the

appropriate attribute when supplicating.

الْعَزِيزُ -

The Mighty

التَّوَّابُّ -

*The Acceptor of Repentance*

الْوَلِيُّ -

*The Friend*

الرَّءُوفُ -

*The Compassionate*

الْمَلِكُ -

*The Sovereign*

### ***Etiquettes***

In his Friday Sermon delivered on 10th February 1989, Hadhrat Khalifa-tul-Masih IV (Rh), has directed the attention of Waqefeen e Nau towards the cultivation of ideal manners. Of these study in depth the following three and make them a part of your daily life.

Love for truth and hatred of falsehood

Contentment

Cheerfulness

### ***Life and Character***

Study the portion of the life of our dear master, Hadhrat Mohammad Mustafa (saw) that he spent in Mecca.

Study the life and character of Hadhrat Shoab (pbuh) who was a Prophet of God.

## Second Half Year

### Holy Quran with translation

Surah Al-An'am verses 96 – 101:

إِنَّ اللَّهَ فَلِقُ الْحَبِّ وَالتَّوْمِ يُخْرِجُ  
الْحَيَّ مِنَ الْمَيِّتِ وَ مُخْرِجُ الْمَيِّتِ مِنَ  
الْحَيِّ، ذَلِكَ اللهُ فَأَلَى تَوْفِكُمْ ۗ ﴿٩٦﴾

فَالِقُ الإصْبَاحِ ۗ وَ جَعَلَ اللَّيْلَ سَكَنًا وَ  
الشَّمْسَ وَالْقَمَرَ حُسْبَانًا ۗ ذَلِكَ تَقْدِيرُ  
العَزِيزِ العَلِيمِ ۗ ﴿٩٧﴾

وَ هُوَ الَّذِي جَعَلَ لَكُمُ التَّجْوَمَ  
لِتَهْتَدُوا بِهَا فِي ظُلُمَاتِ اللَّيْلِ وَ  
الْبَحْرِ ۗ قَدْ فَضَّلْنَا الْآيَاتِ لِقَوْمٍ  
يَعْلَمُونَ ۗ ﴿٩٨﴾

وَ هُوَ الَّذِي أَنشَأَكُمْ مِنْ نَفْسٍ  
وَاحِدَةٍ فَمُسْتَقَرٌّ وَ مُسْتودِعٌ ۗ قَدْ  
فَضَّلْنَا الْآيَاتِ لِقَوْمٍ يَفْقَهُونَ ۗ ﴿٩٩﴾

وَ هُوَ الَّذِي أَنزَلَ مِنَ السَّمَاءِ مَاءً ۗ  
فَأَخْرَجْنَا بِهِ نَبَاتٍ مُخْتَلِفًا فَاخْرَجْنَا  
مِنْهُ خَضِرًا مُخْرِجًا مِنْهُ حَبًّا مُتَرَاكِبًا ۗ  
وَمِنَ النَّخْلِ مِنَ طَلْحِهَا قَنَوَانٌ دَانِيَةٌ

وَجِئْتِ مِنَ اعْتَابٍ وَ الرِّيْتُونَ وَ  
 الرَّمَّانَ مُشْتَبِهًا وَ غَيْرَ مُتَشَابِهٍ  
 أَنْظِرُوا إِلَى تَمْرَةٍ إِذَا آثَمَرَ وَ بِنَحْبِهِ  
 إِنَّ فِي ذَلِكَ لَآيَاتٍ لِقَوْمٍ يُؤْمِنُونَ ﴿٣٦﴾

وَجَعَلُوا لِلَّهِ شُرَكَاءَ الْجِنَّ وَ خَلَقَهُمْ  
 وَ خَرَقُوا لَهُ بَنِينَ وَ بَنَاتٍ بِغَيْرِ  
 عِلْمٍ ۗ سُبْحٰنَهُ وَ تَعَالَى عَمَّا يُصِفُونَ ﴿٣٧﴾

Translation

96. Verily, it is Allah Who causes the grain and the date-stones to sprout. He brings forth the living from the dead, and He is the Bringer forth of the dead from the living. That is Allah; wherefore, then, are you turned back?

97. He causes the break of day and He made the night for rest and the sun and the moon for the reckoning of time. That is the measuring of the Mighty, the Wise.

98. And He it is Who has made the stars for you that you may follow the right direction with their help amid the darkness of the land and the sea. We have explained the Signs in detail for a people who possess knowledge.

99. And He it is Who has produced you from a single soul and there is for you a temporary resort and a permanent abode. We have explained the Signs in detail for a people who understand.

100. And He it is Who sends down water from the cloud; And We

*bring forth therewith every kind of growth; then We bring forth with that green foliage wherefrom We produce clustered grain. And from the date-palm, out of its sheaths comes forth bunches hanging low. And We produce therewith gardens of grapes, and the olive and the pomegranate - like and unlike. Look at the fruit thereof when it bears fruit, and the ripening thereof. Surely, in this are Signs for a people who believe.*

*101. And they hold the Jinn to be partners with Allah, although He created them; and they falsely ascribe to Him sons and daughters without any knowledge. Holy is He and exalted far above what they attribute to Him!*

بَدِيعُ السَّمٰوٰتِ وَالْاَرْضِ ؕ اَنۡىۤ يَكُوۡنُ لَهٗ  
وَلَدٌ وَّ لَمْ تَكُنۡ لَهٗ صَاحِبَةً ۚ وَخَلَقَ كُلَّ  
شَيْءٍ ۚ وَهُوَ يَكۡلِۡ شَيْءٍ عَلَيۡهِمۡ ۝۱۰۲

ذٰلِكُمۡ اللّٰهُ رَبُّكُمۡ ۚ لَاۤ اِلٰهَ اِلَّا هُوَ ۚ خَالِقُ كُلِّ  
شَيْءٍ ۚ فَاَعۡبُدُوۡهُ ۚ وَهُوَ عَلٰۤى كُلِّ شَيْءٍ وَّكِيۡلٌ ۝۱۰۳  
لَا تُدۡرِكُهٗ الۡاَبۡصَآرُ ۚ وَهُوَ يَدۡرِكُ الۡاَبۡصَآرَ  
وَهُوَ اللّٰطِيفُ الْخَبِيۡرُ ۝۱۰۴

قَدۡ جَآءَ كُمۡ بِصَآرِمٍ مِّنۡ دۡرَبِكُمۡ ۚ فَمَنۡ  
اَبۡصَرَ فَلِنَفۡسِهٖ ۚ وَ مَنۡ عَمِيَ فَعَلَيۡهَا ۚ وَ  
مَاۤ اَنَا عَلَيۡكُمۡ بِحَفِيۡظٍ ۝۱۰۵

وَ كَذٰلِكَ نُنۡصِرُ الْاٰلِيۡتِ وَ لِيَقُوۡلُوۡا  
دَرَسَتْ وَ لِنُبَيِّنَنَّ لِقَوۡمٍ يَعۡلَمُوۡنَ ۝۱۰۶

رَاتِبِعۡ مَاۤ اُوۡحِيَۤ اِلَيْكَ مِّنۡ رَبِّكَ ۚ لَاۤ اِلٰهَ  
اِلَّا هُوَ ۚ وَاَعۡرِضۡ عَنِ الْمُشۡرِكِيۡنَ ۝۱۰۷

وَ لَوۡ شَاءَ اللّٰهُ مَاۤ اَشۡرَكُوۡا ۚ وَ مَا جَعَلۡنَاكَ  
عَلَيۡهِمۡ حَفِيۡظًا ۚ وَ مَاۤ اَنْتَ عَلَيۡهِمۡ  
بِوَكِيۡلٍ ۝۱۰۸

وَ لَا تَسۡبُوۡا الَّذِيۡنَ يَدۡعُوۡنَ مِنۡ دُوۡنِ  
اللّٰهِ فَيَسۡبُوۡا اللّٰهَ عَدۡوًا يَغۡيِرُ عَلَيۡهِ  
كَذٰلِكَ زَيۡنًا لِّكُلِّ اُمَّةٍ عَمَلُهُمۡ ثُمَّۤ اِلَىٰ  
رَبِّهِمۡ مَّرۡجِعُهُمۡ فَيُنۡبِئُهُمۡ بِمَا كَانُوۡا  
يَعۡمَلُوۡنَ ۝۱۰۹



Translation

*102. The Originator of the heavens and the earth. How can He have a son when He has no consort, and when He has created everything and has knowledge of all things?*

*103. Such is Allah, your Lord. There is no God but He, the creator of all things; so worship Him. and He is the Guardian over everything.*

*104. Eyes cannot reach Him but He reaches the eyes. And He is the incomprehensible, the All-Aware.*

*105. Proofs have indeed come to you from your Lord; so whoever sees, it is for His own good; and whoever becomes blind, it is to his own loss. And I am not a guardian over you.*

*106. And thus do We explain the Signs in various ways that the truth may become established and that they may say, 'Thou hast read out what thou hast learnt' and that We may explain it to a people who have no knowledge.*

*107. Follow that which has been revealed to thee from thy Lord; there is no God but He; and turn aside from the idolaters.*

*108. And if Allah had enforced His will, they would not have set up Gods with Him. And We have not made thee a keeper over them, nor art thou over them a guardian.*

*109. And abuse not those whom they call upon besides Allah, lest they, out of spite, abuse Allah in their ignorance. Thus unto every people have We caused their doings to seem fair. Then unto their Lord is their return; And He will inform them of what they used to do.*

### **Ahadith with translation**

الدُّنْيَا سِجْنٌ لِلْمُؤْمِنِ وَجَنَّةٌ لِلْكَافِرِ -

*This world is a prison for a believer and a paradise for a non believer.*

الرَّاجِعُ فِي هَبْتِهِ كَالرَّاجِعِ فِي قَيْئِهِ -

*The man who takes back his gift is like the one who licks his own vomit.*

لَا يَحِلُّ لِمُؤْمِنٍ أَنْ يَهْجُرَ أَخَاهُ فَوْقَ ثَلَاثَةِ أَيَّامٍ -

*It is not permissible for a Muslim to sever relations with a brother for more than three days.*

مَا قَلَّ وَكَفَى خَيْرٌ مِمَّا كَثُرَ وَأَلْهَى -

*A little that suffices is better than plenty that makes him forgetful (of Allah).*

مَا هَلَكَ إِمْرُءٌ عَرَفَ قَدْرَهُ -

*He who knows his own worth will never perish.*

### **Poem**

Because of its beauty and its charm, the Holy Quran is a life-giving light for every Muslim.

قرآن سب سے اچھا قرآن سب سے پیارا

قرآن دل کی قوت قرآن ہے سہارا

اللہ میاں کا خط ہے جو میرے نام آیا

اُستانی جی پڑھاؤ جلدی مجھے سپارا

پہلے تو ناظرے سے آنکھیں کروں گی روشن

پھر ترجمہ سکھانا جب پڑھ چکوں میں سارا

مطلب نہ آئے جب تک کیونکر عمل ہے ممکن

بے ترجمے کے ہرگز اپنا نہیں گزارا

یارب تو رحم کر کے ہم کو سکھا دے قرآن

ہر دکھ کی یہ دوا ہو ہر درد کا ہو چارا

دل میں ہو میرے ایماں سینے میں نورِ فرقاں

بن جاؤں پھر تو سچ مج میں آسماں کا تارا

- بخار دل - حضرت میر محمد اسماعیل صاحبؒ -

جمال وُحسنِ قرآن نورِ جانِ ہر مسلمان ہے

قمر ہے چاند اوروں کا ہمارا چاند قرآن ہے

نظیر اُس کی نہیں جمتی نظر میں فکر کر دیکھا

بھلا کیونکر نہ ہو یکتا کلامِ پاک رحماں ہے

بہارِ جاوِداں پیدا ہے اُس کی ہر عبارت میں

نہ وہِ خُو بی چمن میں ہے نہ اُس سا کوئی بُستاں ہے

کلامِ پاک یزداں کا کوئی ثانی نہیں ہرگز

اگر لوگوں نے عمتاں ہے وگر لعلِ بدخشاں ہے

خدا کے قول سے قولِ بشر کیونکر برابر ہو

وہاں قدرت یہاں در ماندگی فرقِ نمایاں ہے

ملائک جس کی حضرت میں کریں اقرارِ لاعلمی

سخن میں اُس کے ہمتائی، کہاں مقدرِ انساں ہے

بنا سکتا نہیں اک پاؤں کیڑے کا بشر ہرگز

تو پھر کیونکر بنانا نُورِ حق کا اُس پہ آساں ہے

ارے لوگو! کرو کچھ پاس شانِ کبریائی کا

زباں کو تھام لو اب بھی اگر کچھ بُوئے ایماں ہے

خُدا سے غیر کو ہمتا بنانا سخت کفراں ہے

خُدا سے کچھ ڈرو یا رو، یہ کیسا کذب و بہتاں ہے؟

اگر اقرار ہے تم کو خُدا کی ذاتِ واحد کا

تو پھر کیوں اس قدر دل میں تمہارے شرک پنہاں ہے؟

یہ کیسے پڑ گئے دل پہ تمہارے جہل کے پردے؟

خطا کرتے ہو باز آؤ اگر کچھ خوفِ یزداں ہے

ہمیں کچھ کہیں نہیں بھائیو نصیحت ہے غریبانہ

کوئی جو پاک دل ہو وے دل و جاں اُس پہ قرباں ہے

-درشمن-

کبھی نصرت نہیں ملتی درِ مولیٰ سے گندوں کو  
کبھی ضائع نہیں کرتا وہ اپنے نیک بندوں کو  
وہی اُس کے مقرب ہیں جو اپنا آپ کھوتے ہیں  
نہیں رہ اُس کی عالی بارگاہ تک خود پسندوں کو  
بہی تدبیر ہے پیارو کہ مانگو اُس سے قربت کو  
اُسی کے ہاتھ کو ڈھونڈو جلا و سب کمندوں کو  
-درشمن-

### **Prayer**

When you visit a patient, recite the following prayer. Memorise it and make it a habit to recite it on appropriate occasions.

أَذْهِبِ الْبَاسَ رَبَّ النَّاسِ وَاشْفِ أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا شِفَاؤُكَ  
شِفَاءً لَّا يُغَادِرُ سَقَمًا -

*'O the Lord of all the peoples, remove the malaise of this patient. Cure him as You alone can restore to health. There is no cure other than Your treatment. Cure him in a manner that no trace of the illness remains.'*

### ***Attributes of Allah the Almighty***

Memorise the following with translation and then relate to the appropriate attribute when supplicating.

*The True*

الْحَقُّ

*The Bountiful*

الْوَّاسِعُ

*The Spiritual Guide*

الْهَادِي

*The Pure*

سُبْحَنُ

*The Self-Sufficient*

الْغَنِيُّ