

HAZRAT  
SUMAYYAH  
*(May Allah be pleased with her)*

*The Daughter of Khabbaat*  
*(The first woman to lay down her life for Islam)*



Hazrat Sumayyah<sup>ra</sup>—the Daughter of Khabbaat

Originally printed in Urdu as: *Hazrat Umme Haraam<sup>ra</sup> bint Milhaan aur Hazrat Sumayyah<sup>ra</sup> bint Khabbaat*  
(Written in Urdu by Tahira Riaz)

First published in English in the UK, 2021

© Islam International Publications Limited

Published by:  
Islam International Publications Ltd.  
Unit 3, Bourne Mill Business Park,  
Guildford Road, Farnham, Surrey, UK, GU9 9PS

Printed in UK at:  
Raqeem Press, Surrey, UK

For further information, please visit [www.alislam.org](http://www.alislam.org)

Cover design: Faraz Hussain & Bushra Shahid

ISBN: 978-1-84880-331-2  
10 9 8 7 6 5 4 3 2 1

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# FOREWORD

The book, *Hazrat Sumayyah<sup>ra</sup>*, relates the inspiring story of Hazrat Sumayyah<sup>ra</sup> who was one of the first people in Islam to die because of the cruelties of the disbelievers of Makkah.

She did not have any important connections in Makkah. Her husband, Hazrat Yaasir<sup>ra</sup>, was an outsider while she was a slave. With no one to protect them, the family was savagely tortured by Abu Jahl and the other disbelievers. Hazrat Sumayyah<sup>ra</sup> died while she was being tortured. She thus became the first woman to lay down her life for Islam.

Among the martyrs in Islam, Hazrat Sumayyah<sup>ra</sup> and her husband, Hazrat Yaasir<sup>ra</sup>, are placed among

the highest. They were killed because of their love for Allah and the Holy Prophet Muhammad<sup>sas</sup>. Hazrat Sumayyah<sup>ra</sup>, described as old and frail, had no one to defend her. She had no weapons, and so she was one of the most defenceless of all the martyrs of Islam. By laying down her life, she proved her devotion to Islam and became an inspiration to the early Muslims. She made the ultimate sacrifice by embracing martyrdom in the cause of the Faith.

Tahira Riaz originally wrote this book in Urdu, which was published under the title *Hazrat Umme Haraam<sup>ra</sup> bint Milhaan aur Hazrat Sumayyah<sup>ra</sup> bint Khabbaat*. While producing the English version, the two books were separated. *Hazrat Umme Haraam<sup>ra</sup> bint Milhaan* is under preparation and will be published upon completion. This English version of *Hazrat Sumayyah<sup>ra</sup> the Daughter of Khabbaat* is translated by Bushra Shahid of the English Translation

Section of Additional Wakalat-e-Tasneef, and was further modified as necessary. We would also like to acknowledge the work of Waseem Sayed, Maryam Bhatti, and Rawan Malas. May Allah bless them for their dedication and effort, rewarding them abundantly in this world and the Hereafter.

We have included some fun activities towards the end of the book for children to test their knowledge. A glossary is also provided at the end of the book to define terms that children may find difficult.

**Munir-ud-Din Shams**

Additional Wakeelut-Tasneef, London

January 2021







# CHAPTER ONE

Dear children! When the Holy Prophet Muhammad, peace and blessings of Allah be upon him, claimed to be a Prophet of God, the first lady who believed in his message was his blessed wife, Hazrat Khadijah<sup>ra</sup>.

Likewise, Hazrat Sumayyah<sup>ra</sup> was the first lady to lay down her life for the cause of Islam. Although

she was old and frail, she bravely bore the torture inflicted upon her with great patience and courage.

History remembers this great woman under the beautiful name of Umme Ammaar bin Yaasir<sup>ra</sup>. She was not only a martyr herself, but also the wife of a martyr and the mother of a martyr. How blessed is her entire family!

Hazrat Sumayyah<sup>ra</sup> was one of the first people to accept Islam. In fact, she was the seventh person to become a Muslim and, in this way, earned the honour of being one of the earliest Muslims in history.

Three years after the Holy Prophet Muhammad<sup>sas</sup> claimed to be a Prophet of God, he was commanded by Allah the Almighty to proclaim it publicly and invite people to the One True God. After receiving this command, the Holy Prophet Muhammad<sup>sas</sup> started preaching the message of Islam openly.

In response to his claims, the disbelievers

of Makkah bitterly opposed the Holy Prophet Muhammad<sup>sas</sup>. They became his worst enemies and inflicted various cruelties on the Muslims. They left no stone unturned in torturing Muslims and keeping them away from Islam. Even wealthy and respected people like Hazrat Abu Bakr<sup>ra</sup>, Hazrat Usman<sup>ra</sup>, and Hazrat Talhah<sup>ra</sup> became the target of their cruelties.

We can only imagine how much greater the persecution was upon the Muslim companions who were poor. They had no one to help them, and they were hopelessly trapped in the chains of slavery.

Both men and women suffered the most cruel hardships. However, these great Muslims faced the cruelties and hardships inflicted upon them by the disbelievers of Makkah with great bravery and courage.

Their courage and endurance, as well as their unshakeable faith, earned them the everlasting life

of Paradise as they lay down their lives for the cause of Islam. The foremost of these great martyrs was Hazrat Sumayyah<sup>ra</sup>, the daughter of Khabbaat.



## CHAPTER TWO

Hazrat Sumayyah<sup>ra</sup>, the daughter of Khabbaat, is included among the highest ranking *Sahaabiyaat* [female Companions of the Prophet<sup>sas</sup>]. We do not know much about her ancestors; only the name of her father, Khabbaat, is known. We also do not know when and how she and her family reached Makkah. What is known is that she used to be the slave of Abu Huzaifah, son of al-Mugheerah. He was a rich man of the Makkan tribe called 'Banu Makhzum' during the period of Ignorance [the pre-Islamic times].

She was married to Hazrat Yaasir<sup>ra</sup>, the son of Aamir. He and his two brothers had come to Makkah from Yemen to search for their other brother who was lost. This happened about forty-five years before the Holy Prophet Muhammad<sup>sas</sup> claimed prophethood. Despite their search, they could not find their brother. Disappointed, the two brothers of Hazrat Yaasir<sup>ra</sup> went back to Yemen, but Yaasir<sup>ra</sup> remained permanently in Makkah. During his stay, Hazrat Yaasir<sup>ra</sup> and Abu Huzaifah, son of al-Mugheerah Makhzumi, became friends. Abu Huzaifah arranged a marriage between his slave Hazrat Sumayyah<sup>ra</sup> and Hazrat Yaasir<sup>ra</sup>.

From this marriage, Hazrat Sumayyah<sup>ra</sup> had three sons, Hazrat Ammaar<sup>ra</sup>, Hazrat Abdullah<sup>ra</sup>, and Harees. Her two sons Hazrat Ammaar<sup>ra</sup> and Hazrat Abdullah<sup>ra</sup> accepted Islam whereas the third son, Harees, was killed before Islam was introduced.

The family of Hazrat Sumayyah<sup>ra</sup> and Hazrat Yaasir<sup>ra</sup> frequently saw the Holy Prophet Muhammad<sup>sas</sup> as he was growing up. Since their children were around the same age as the Holy Prophet Muhammad<sup>sas</sup>, they were able to observe his blessed life. They were deeply impressed by his great personality and noble character. When the Holy Prophet Muhammad<sup>sas</sup> claimed to be a Prophet, this family accepted Islam right away.

It was a very difficult time for the Muslims in the beginning. Whoever in Makkah accepted Islam became a target of the wrath of the disbelievers. These cruel people did not spare anyone who accepted Islam, even their closest relatives.

At that time there was no police force to protect the rights of citizens. People were protected by their tribes, and their friends and family. Since Hazrat Yaasir<sup>ra</sup> was from Yemen and was an outsider with

none of his family members, and Hazrat Sumayyah<sup>ra</sup> was still a slave, there was no one to protect them from this extreme cruelty.





## CHAPTER THREE

Both Hazrat Yaasir<sup>ra</sup> and Hazrat Sumayyah<sup>ra</sup> were old and frail, but they remained firm in their belief. Not even the most extreme cruelties of the disbelievers could make them budge an inch from Islam. Their faith was as solid as a rock; it could not be swept away by the stormy seas nor the raging winds.

The same was the case with their sons. It was an everyday routine of the disbelievers to place hot coals on the backs of those poor men. They would make them lie on the burning sands of Makkah in coats of

mail or their heads were forced repeatedly underwater to impose torture.

Once the Holy Prophet<sup>sas</sup> passed by, as Hazrat Sumayyah<sup>ra</sup> and her family were being tortured. He said, 'O sons of Yaasir! I give you the glad tidings that your destination is *Jannah* [Paradise].'

At another time when the Holy Prophet<sup>sas</sup> saw Hazrat Sumayyah<sup>ra</sup>, Hazrat Yaasir<sup>ra</sup>, and their sons suffering, he said, 'Be patient. O, Lord! Forgive the children of Yaasir. And indeed You have forgiven them.'

The elderly Yaasir<sup>ra</sup> died from these cruelties and became a martyr. The disbelievers still showed no mercy to this family, and they continued their atrocities on Hazrat Sumayyah<sup>ra</sup> and her children.

One day when Hazrat Sumayyah<sup>ra</sup> came home after enduring a day of hardships, Abu Jahl started cursing her. His violence increased until he killed

her with a spear. After that, he also martyred her son, Abdullah<sup>ra</sup>, with an arrow. Now, the only surviving person in her family was her son, Hazrat Ammaar<sup>ra</sup>.

He went straight to the Holy Prophet<sup>sas</sup> and weeping bitterly, related the incident of his mother's martyrdom to him. The Holy Prophet<sup>sas</sup> told him to be patient and prayed, 'O Allah! Save the children of Yaasir from the fire of Hell!'

The martyrdom of Hazrat Sumayyah<sup>ra</sup> occurred in the sixth year of prophethood. She was the first woman to be martyred.

Abu Jahl, the murderer of Hazrat Sumayyah<sup>ra</sup>, was killed in the second year of the Hijrah during the Battle of Badr. At that time, the Holy Prophet<sup>sas</sup>, the Chief of both worlds, thought of Hazrat Sumayyah<sup>ra</sup> and her great sacrifice. He called out to Hazrat Ammaar<sup>ra</sup>, the son of Hazrat Sumayyah<sup>ra</sup>, and said,

قَدْ قَتَلَ اللَّهُ قَاتِلَ أُمِّكَ

Indeed, Allah has killed the murderer of your mother.

Hazrat Sumayyah <sup>ra</sup> stands out in history as one of the greatest inspirations of faith. As an elderly woman without any means to defend herself, she remained steadfast in her faith as she was being attacked by one of the most powerful men of Makkah. Her bravery is an example for us all. Although she was poor financially, she was rich spiritually; and although she was weak and old, she proved strong and vibrant in her faith. The courage she showed in the face of such hostility serves as an inspiration for us all.

May Allah, the Exalted, raise her status and allow us to follow in her footsteps. *Aameen.*

# LIST OF BOOKS USED

1. *Ahad-e-Nubuwwat ki Barguzeedah Khawateen*, pp. 449-453, by Ahmad Khalil, published by Darul Ishaat, Karachi, 1999
2. *Tazkaar-e-Sahaabiyaat*, Edition 24, pp. 173-176, by Talib Hashmi, published by Al-Badr Publications, Lahore, 2002
3. *Azwaaj Mutaheeraat wa Sahaabiyaat Encyclopaedia*, pp. 394-396, by Dr. Zulfiqar Kazim, published by Farid Book Depot (pvt.) Ltd., New Delhi, 2004



# GLOSSARY

**Aameen**—A term which literally means, ‘so let it be’ and is used at the end of a supplication to pray that God may accept it. It is similar in meaning to ‘amen’.

**Battle of Badr**—The first battle in the history of Islam in the second year after the Hijrah.

**Bin**—Son [of].

**Coats of mail**—A jacket of metal rings or plates used as armour for protection during war.

**Hazrat**—A term of respect used to show honour and reverence for a person of established righteousness

and piety. The literal meaning is: His/Her Holiness, Worship, Eminence, etc.

**Hijrah**—This Arabic word literally means ‘migration’ and refers to the migration of the Holy Prophet Muhammad<sup>sas</sup> from Makkah to Madinah, which took place in 622 AD. This historical event marks the beginning of the Islamic calendar.

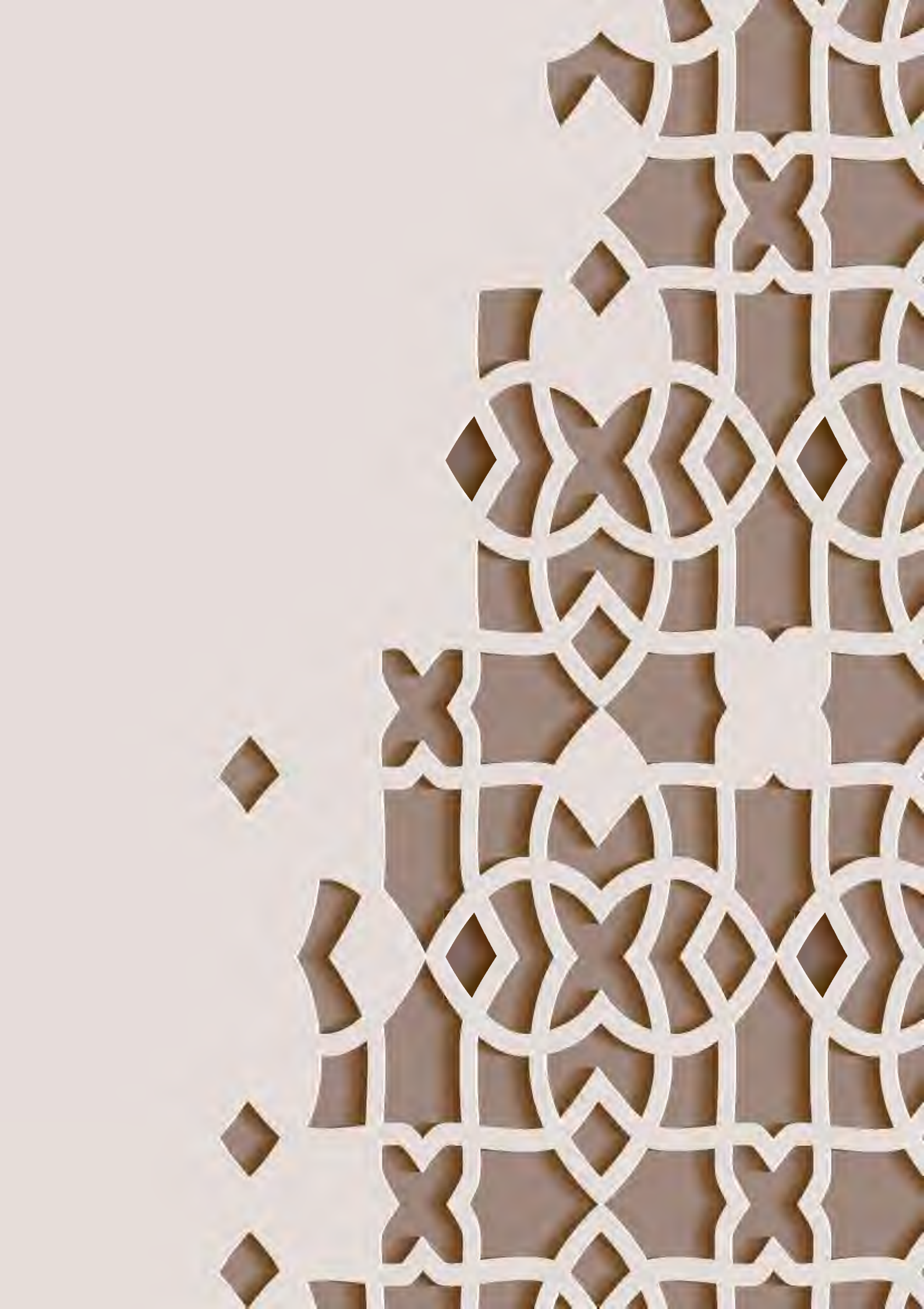
**Huzur**—Your Holiness.

**Martyr**—One who is killed because of his faith.

**Sahaabiyaat**—This refers to the female companions of the Holy Prophet<sup>sas</sup>.

**Succumb**—Die from.







**T  
H  
I  
N  
K**

**&**

**DO**

# TRUE OR FALSE

1. Hazrat Sumayyah<sup>ra</sup> was the first lady who believed in the message brought by the Holy Prophet Muhammad<sup>sas</sup>.

**YOUR RESPONSE:**            True                                    False

2. Hazrat Sumayyah<sup>ra</sup> was known as Umme Ammaar.

**YOUR RESPONSE:**            True                                    False

3. The Holy Prophet Muhammad<sup>sas</sup> was commanded by Allah the Almighty to proclaim the message of Islam openly, five years after he made the claim of prophethood.

**YOUR RESPONSE:**            True                                    False

4. All the sons of Hazrat Sumayyah<sup>ra</sup> were Muslims.

**YOUR RESPONSE:**            True                                    False

5. Abu Jahl martyred Hazrat Sumayyah<sup>ra</sup> with a spear.

**YOUR RESPONSE:**            True                                    False

# QUESTIONS

**QUESTION 1**— From the story of Hazrat Sumayyah<sup>ra</sup> and her husband, Hazrat Yaasir<sup>ra</sup>, explain the strength of their faith against the disbelievers.



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**QUESTION 2** — Who arranged the marriage of Hazrat Sumayyah<sup>ra</sup> and Hazrat Yaasir<sup>ra</sup>?



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**QUESTION 3** — Who killed Hazrat Sumayyah<sup>ra</sup>?



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**QUESTION 4**—How many sons did Hazrat Sumayyah<sup>ra</sup> have? What were their names?



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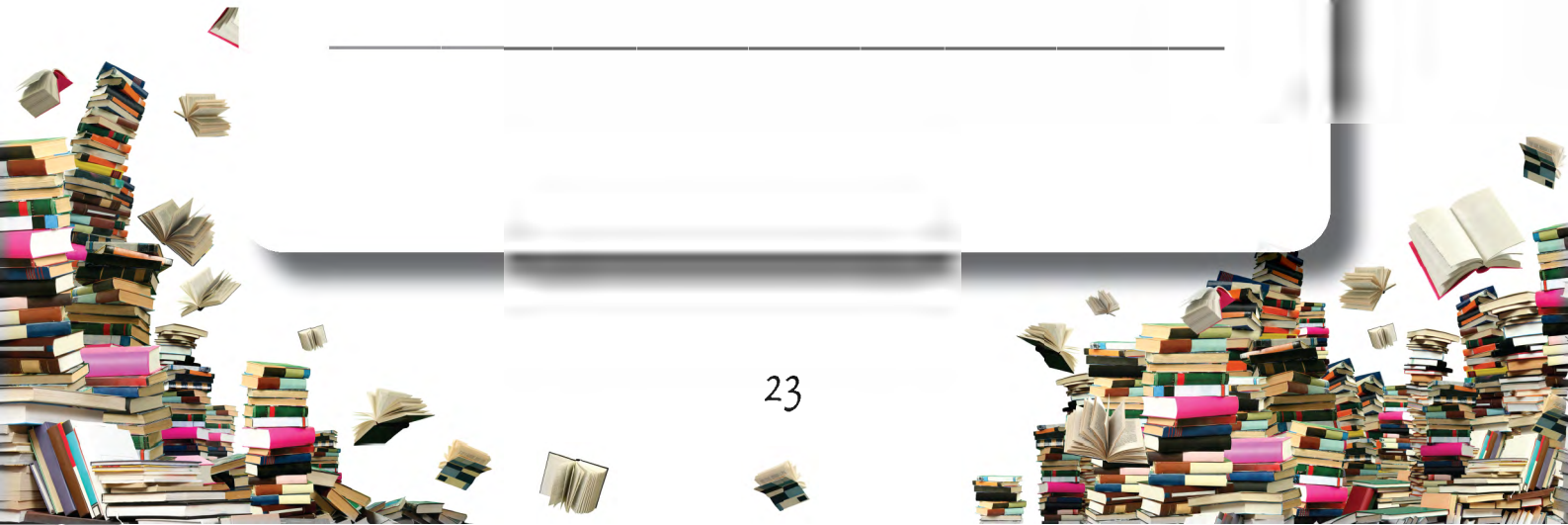
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**QUESTION 5** — From the story, find two times that the Holy Prophet<sup>sas</sup> said something about Hazrat Yaasir<sup>ra</sup> or his family. Explain them in your own words.



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**QUESTION 6** — Describe in your own words how history remembers Hazrat Sumayyah<sup>ra</sup>?



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**QUESTION 7** — a) Whom did the Holy Prophet<sup>sas</sup> say this to: *'Indeed, Allah has killed the murderer of your mother.'*

b) *Who was the murderer and who did he kill?*



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d

# UNSCRAMBLE THE WORDS

Y H A U M Y S A

.....

A T A B Y H A A A I S

.....

A K A H J I D H

.....

P E H P R T O

.....

K A A K H M

.....

A R M R T Y

.....

L U I M S M

.....

S I L M A

.....

H A I T F

.....

M A R A M A

.....



# CROSSWORD PUZZLE

## CLUES ACROSS

2. Follower of Islam

9. The first wife of the Holy Prophet Muhammad<sup>sas</sup>

10. Female companions of the Holy Prophet  
Muhammad<sup>sas</sup>

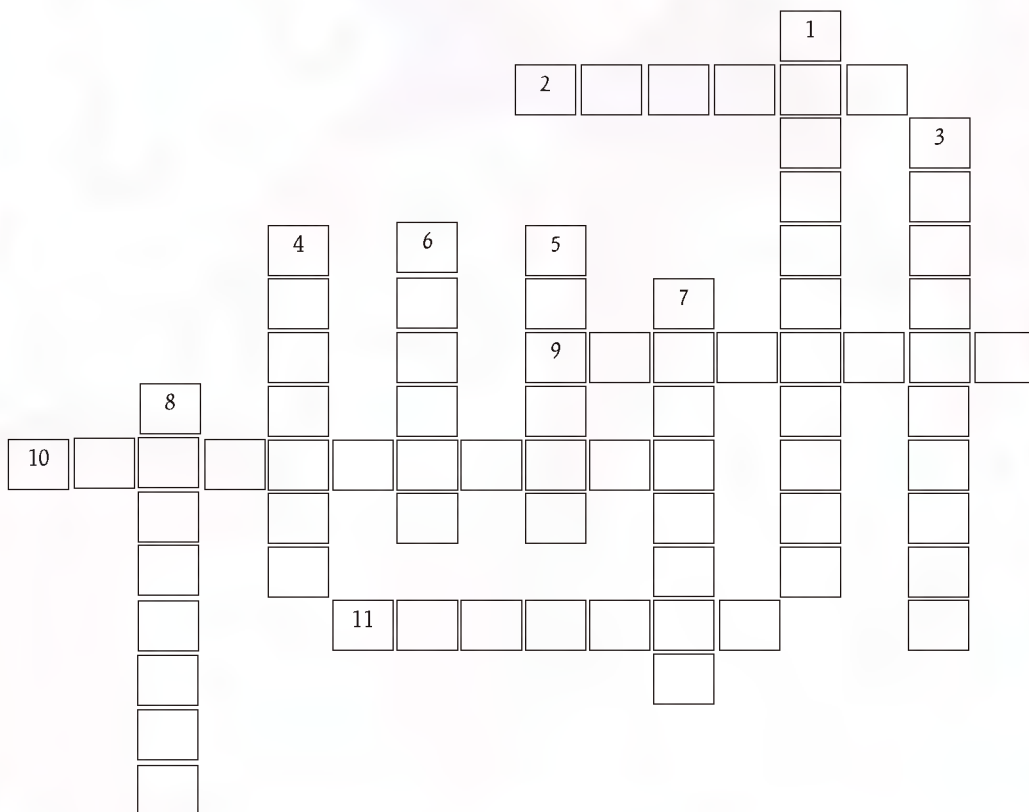
11. The Messenger of Allah

## CLUES DOWN

1. One who does not accept Islam
3. Another name for Hazrat Sumayyah<sup>ra</sup>
4. He martyred Hazrat Sumayyah<sup>ra</sup>
5. Hazrat Yaasir<sup>ra</sup> had come to \_\_\_\_\_ with his two brothers in search of his third lost brother.
6. The name of Hazrat Sumayyah's husband
7. Hazrat Sumayyah<sup>ra</sup> was the first woman to be \_\_\_\_\_.
8. The name of Hazrat Sumayyah's father



# CROSSWORD



# WORD SEARCH

Have fun finding these words on the next page. Up, down, diagonal forward or backward.

**COURAGE**

**FAITH**

**PROPHETHOOD**

**GOD**

**DISBELIEVERS**

**MAKKAH**

**BELIEVED**

**MUSLIM**

**PEACE**

**ISLAM**

**KHADIJAH**

**SUMAYYAH**

**BLESSED**

**MARTYR**

**COMPANION**

**SAHAABIYAAT**

I	S	R	O	M	K	G	I	V	P	B	P	I	W	M	Y	L
S	R	E	V	E	I	L	E	B	S	I	D	C	J	I	K	S
S	M	Z	M	E	A	U	Q	X	Z	Q	H	O	Y	L	O	C
K	U	A	B	E	L	I	E	V	E	D	W	U	E	S	M	W
H	H	M	L	C	M	N	G	B	O	O	F	R	G	U	H	N
A	Q	S	A	S	N	A	L	G	L	M	K	A	O	M	M	H
D	C	T	Q	Y	I	O	K	U	X	E	B	G	D	E	A	Z
I	L	O	J	S	Y	V	I	K	U	B	S	E	L	D	R	C
J	V	T	O	Z	D	A	Y	N	A	M	T	S	T	T	T	L
A	M	R	T	U	V	T	H	Q	A	H	P	K	E	H	Y	P
H	S	W	N	M	P	E	A	C	E	P	F	W	K	D	R	K
T	A	A	Y	I	B	A	A	H	A	S	M	V	E	O	A	Y
R	O	C	H	S	P	G	U	A	U	F	H	O	P	P	B	L
F	G	O	R	O	H	P	D	U	X	A	H	H	C	O	L	K
I	M	P	G	D	L	T	C	R	O	I	E	V	Q	O	N	R
E	X	Q	I	K	E	D	O	O	H	T	E	H	P	O	R	P
T	X	O	W	M	E	Y	N	P	X	H	O	B	I	X	P	D



# ANSWER KEY

## TRUE OR FALSE

1. **✗ False:** Hazrat Khadijah<sup>ra</sup> was the first lady who believed in the message brought by the Holy Prophet Muhammad<sup>sas</sup>.
2. **✓ True**
3. **✗ False:** The Holy Prophet Muhammad<sup>sas</sup> was commanded by Allah the Almighty to proclaim the message of Islam openly, three years after he made the claim of prophethood.
4. **✗ False:** Only two sons of Hazrat Sumayyah<sup>ra</sup> were Muslims.
5. **✓ True**

## **ANSWERS**

**ANSWER 1**—They did not move even one inch from their faith and remained strong like a rock.

**ANSWER 2**—Abu Huzaifah arranged the marriage of Hazrat Sumayyah<sup>ra</sup> and Hazrat Yaasir<sup>ra</sup>.

**ANSWER 3**—Abu Jahl killed Hazrat Sumayyah<sup>ra</sup>.

**ANSWER 4**—Hazrat Sumayyah<sup>ra</sup> had 3 sons:

- ▶ Hazrat Ammaar<sup>ra</sup>
- ▶ Hazrat Abdullah<sup>ra</sup>
- ▶ Harees

**ANSWER 5**—The Holy Prophet<sup>sas</sup> gave glad tid-  
ing of Paradise to Hazrat Yaasir<sup>ra</sup> and his fam-  
ily. He also told them to be patient and prayed  
to Allah to forgive the children of Yaasir<sup>ra</sup>.

**ANSWER 6**—There are few other women in  
history who showed as much patience as did  
Hazrat Sumayyah<sup>ra</sup>. Despite being old and  
frail, she showed great courage and bravery.

**ANSWER 7**—a) It was said to Hazrat Ammaar<sup>ra</sup>,  
the son of Hazrat Yaasir<sup>ra</sup>.

b) The murderer was Abu Jahl and he killed  
Hazrat Sumayyah<sup>ra</sup>.

## SCRAMBLED WORDS SOLUTION

- ↪ S U M A Y Y A H
- ↪ S A H A A B I Y A A T
- ↪ K H A D I J A H
- ↪ P R O P H E T
- ↪ M A K K A H
- ↪ M A R T Y R
- ↪ M U S L I M
- ↪ I S L A M
- ↪ F A I T H
- ↪ A M M A A R





# WORD SEARCH SOLUTION

I	S	R	O	M	K	G	I	V	P	B	P	I	W	M	Y	L
S	R	E	V	E	I	L	E	B	S	I	D	C	J	I	K	S
S	M	Z	M	E	A	U	Q	X	Z	Q	H	O	Y	L	O	C
K	U	A	R	E	L	E	V	E	D	W	U	E	S	M	W	
H	H	M	L	C	M	N	G	B	O	O	F	R	G	U	H	N
A	Q	S	A	S	N	A	L	G	L	M	K	A	O	M	M	H
D	C	T	Q	Y	I	O	K	U	X	E	B	G	D	E	A	Z
I	L	O	J	S	Y	V	I	K	U	B	S	E	L	D	R	C
J	V	T	O	Z	D	A	Y	N	A	M	T	S	T	T	T	L
A	M	R	T	U	V	T	H	Q	A	H	P	K	E	H	Y	P
H	S	W	N	M	P	E	A	C	E	P	F	W	K	D	R	K
T	A	A	Y	T	R	A	A	H	A	S	M	V	E	O	A	Y
R	O	C	H	S	P	G	U	A	U	F	H	P	P	B	L	
F	G	O	R	O	H	P	D	U	X	A	H	H	C	O	L	K
I	M	P	G	D	L	T	C	R	O	I	E	V	Q	O	N	R
E	X	Q	I	K	E	D	O	O	H	T	E	H	P	O	R	P
T	X	O	W	M	E	Y	N	P	X	H	O	B	I	X	P	D



# PUBLISHER'S NOTE

Salutations are recited out of respect when mentioning the names of Prophets and holy personages. These salutations have been abbreviated and inserted into the text where applicable.

**sas** *sallallaahu 'alaihi wa sallam*, meaning 'peace and blessings of Allah be upon him', is written after the name of the Holy Prophet Muhammad<sup>sas</sup>.

**as** *alaihissalaam*, meaning 'peace be upon him', is written after the names of Prophets other than the Holy Prophet Muhammad<sup>sas</sup>.

**ra** *raziyallaahu'anhu/'anhaa/'anhum*, meaning 'Allah be pleased with him/her/them', is written after the names of the companions of the Holy Prophet Muhammad<sup>sas</sup> or of the Promised Messiah<sup>as</sup>.



# OTHER BOOKS TO READ

The following children books are available in print and can be found on [www.alislam.org](http://www.alislam.org):

■ *Stories From Early Islam* by Rashid Ahmad Chaudhry

■ *Hazrat Abu Bakr Siddiq* by Mirza Ghulam Ahmad M.A., and Syed Mubashar Ahmad Ayaz

■ *Hazrat Umme Sulaim* by Amatul Hafeez Aabida Zeervi

- *Hazrat Umme Ummaarah* by Nafisa Bashir
  
- *Hazrat Umme Haani* by Naseera Syaal
  
- *The True Story of Jesus* by Rashid Ahmad Chaudhry
  
- *The Words of Wisdom and Purification* by Rashid Ahmad Chaudhry
  
- *Stories from Early Ahmadiyyat* by Rashid Ahmad Chaudhry.
  
- *Sayyedna Bilal* by Mahmuda Amatus Sami Wahab
  
- *My Book of Islamic Rhymes* by Rashid Ahmad Chaudhry

- *Holy Prophet's Kindness to Children* by Rashid Ahmad Chaudhry
- *Hazrat Nuh* by Rashid Ahmad Chaudhry
- *Hazrat Umar Farooq* by Rashid Ahmad Chaudhry
- *The Promised Son* by Rashid Ahmad Chaudhry
- *My Book about God* by Rashid Ahmad Chaudhry
- *Hazrat Sayyedah Khadijah* by Rashid Ahmad Chaudhry





# MY NOTES

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***This book belongs to:***

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