

The National Amīr/ President
Jamā‘at Aḥmadīyya,

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Dear Brother,

السلام عليكم ورحمة الله وبركاته

Summary of the Friday Sermon delivered by Ḥaḍrat Khalīfatul-Masīḥ V (May Allāh be his Helper) on 07 August 2026 at Mubārak Mosque Islāmabād, Tilford, UK

Huzoor (May Allāh be his Helper) said: Before the Jalsa, I had been speaking about the Holy Prophet’s (May Allāh’s blessings be upon him) standard of gratitude, his practice and sayings in this regard. I will continue on the same theme today.

Emphasising gratitude to Allāh, the Holy Prophet (May Allāh’s blessings be upon him) instructed us to be grateful even for the smallest things. Ḥaḍrat Anas bin Mālīk narrates that the Messenger of Allāh said: “Allāh is pleased with His servant when he eats a morsel or drinks a sip and praises Him for it.”

Ḥaḍrat ‘Ā’isha (May Allāh be pleased with her) narrates that one day the Holy Prophet (May Allāh’s blessings be upon him) entered the house and saw a piece of bread lying on the floor. He picked it up, cleaned it, and ate it. Then he said, “O ‘Ā’isha! Appreciate what is worthy of honour. When the bounty of sustenance leaves a people, it does not return to them.”

Huzoor (May Allāh be his Helper) said that this was the practice of the Holy Prophet (May Allāh’s blessings be upon him), and if we too desire blessing in our sustenance, we should thank Allāh for even His smallest bounties.

Ḥaḍrat Ibn Abbas (May Allāh be pleased with him) narrates that on the day of the Conquest of Makkah, the Holy Prophet (May Allāh’s blessings be upon him) went to the house of Umme Hāni. He was hungry and asked if she had anything to eat. She said she had nothing but pieces of dry bread, and that she felt ashamed to present them. He told her to bring them. He softened the dry pieces by placing them in water. She brought salt. He asked if there was any curry. She said there was nothing except a little vinegar. He asked her to bring it. He poured it over his food, praised Allāh, and said, “What an excellent curry vinegar is. A house in which there is vinegar is not poor.”

Huzoor (May Allāh be his Helper) said that these were the standards of the Holy Prophet’s (May Allāh’s blessings be upon him) gratitude. We live in these developed countries and benefit from countless bounties of Allāh, but we do not fulfil the duty of adequate gratitude to Him.

Ḥaḍrat Muṣleh Mau‘ūd (May Allāh be pleased with him) says that if we find torn clothes on our body, we start crying and say, what has become of our fate that we are left with torn clothes to wear. But when the Companions received torn clothes, their heads would bow before Allāh. They would say, what beautiful clothes our God has given us. If they received even a piece of dry bread after four days, their eyes would sparkle with joy, and they would say, Alhamdulillah.

Addressing the Jama‘at, Ḥaḍrat Muṣleh Mau‘ūd (May Allāh be pleased with him) says: Until you realise for what purpose God has created you, you cannot achieve anything. God has placed you at such a station that your heart should constantly overflow with happiness, and you should always be seen as alert and vigilant. Once this awareness takes root within you, you will immediately develop a strength that will enable you to keep working, even on the smallest amount of sustenance.

Huzoor (May Allāh be his Helper) said this is the prescription that every Ahmadi in general, and those who have dedicated their lives in particular, should adopt to raise their standards of gratitude. There is a great need for it. There is also a need to instil this awareness in your wives and children. The purpose for which those who dedicate their lives is a very great one, and to achieve it, they must keep before them the examples of those who achieved great purposes.

When the Holy Prophet (May Allāh's blessings be upon him) drank water, he would drink in three breaths, removing the vessel from his mouth each time. He would praise Allāh with every breath, and at the end, he would thank Him.

Huzoor (May Allāh be his Helper) presented a detailed narration from *Sahih Bukhari* by Abu Huraira (May Allāh be pleased with him), who, while suffering from severe hunger, sat by the roadside asking passers-by about the meaning of the Quranic verse that enjoins caring for those who do not beg. He asked Abu Bakr and 'Umar about its meaning, but they did not understand his purpose. When he asked the Holy Prophet (May Allāh's blessings be upon him) about the verse, he smiled and said, "Follow me." He then gave him a bowl of milk, from which the People of Suffah drank. Such a blessing was placed in that small bowl that all of them drank to their fill, but milk remained. The Holy Prophet (May Allāh's blessings be upon him) then took the bowl, first gave thanks to Allāh, and then drank what was left.

The Holy Prophet (May Allāh's blessings be upon him) always remembered his benefactors and spoke of them in the best terms. For example, he would always speak of Ḥaḍrat Khadija (May Allāh be pleased with her). In the same way, he would always speak of Ḥaḍrat Abu Bakr (May Allāh be pleased with him) with great appreciation.

When persecution against the Muslims intensified, they migrated to Abyssinia, and the King of Abyssinia, Najashi, gave them refuge. The Messenger of Allāh always remembered this favour and mentioned it at every opportunity.

After the Battle of Khaibar, on the way back, the Holy Prophet (May Allāh's blessings be upon him) married Safiyyah (May Allāh be pleased with her). On the night of the marriage, Ḥaḍrat Abu Ayyub Khalid bin Zaid stood guard outside his tent all night. When the Prophet (May Allāh's blessings be upon him) awoke in the morning and saw him on guard, he was moved by his sincerity and prayed for him: "O Allāh, protect Abu Ayyub as he protected me throughout the night."

Ḥaḍrat Amr bin Akhtab narrates that once the Holy Prophet (May Allāh's blessings be upon him) asked for water. He brought it, but there was a hair in it, which he removed. The Holy Prophet (May Allāh's blessings be upon him) prayed for him: "O Allāh, make him beautiful."

He prayed for Ḥaḍrat Anas for blessings in his wealth and progeny, and Anas would say: My wealth is abundant, and today my children and grandchildren number a hundred.

The Holy Prophet (May Allāh's blessings be upon him) said that when a favour is done to someone, and he speaks of it, he fulfils its right, and whoever conceals it is ungrateful.

The Holy Prophet (May Allāh's blessings be upon him) would accept gifts and reciprocate them. He said that if someone is given a gift, if he is able, he should return it with something in exchange, and if he is not able, he should praise the giver.

The Holy Prophet (May Allāh's blessings be upon him) would stand so long in prayer at night that his feet would develop cracks. Seeing this, Ḥaḍrat 'Ā'isha (May Allāh be pleased with her) said, "O Messenger of Allāh, why do you do this when Allāh has safeguarded you from all shortcomings, past and future?" He replied, "Should I not wish to be a grateful servant?"

The Holy Prophet (May Allāh's blessings be upon him) would weep and stand in prayer for so long that his feet would swell. His Companions would ask why he lamented so much, and he would reply, “Should I not be a grateful servant of my Lord?”

This teaches us that, while being grateful for the bounties of Allāh, we should take our gratitude to its pinnacle. Gratitude does not mean sitting idle. Gratitude demands ever greater progress in action.

The more Allāh bestows His grace upon us, the higher we should raise our standard of worship and gratitude. The bounties of Allāh should not lead to laziness; rather, worship should lead to ever greater progress.

Ḥaḍrat Muṣleh Mau‘ūd (May Allāh be pleased with him) says: Foolish was the one who said to God, “It is Your bounties which have made me insolent.” The grace of Allāh does not make a person insolent or rebellious; it makes him even more grateful and obedient. So you should become more obedient than before, for Allāh says that whatever has been given to you, if you are grateful for it, He will give you even more.

At the end of the sermon, Huzoor (May Allāh be his Helper) prayed: May Allāh make us truly grateful, make us truly His worshippers, and may we always continue to be recipients of His bounties. Ameen.

Wassalām,

Abdul Majid Tahir
Additional Wakīlut Tabshīr
ISLĀMABAD (UK)
Dated: 12 August 2026