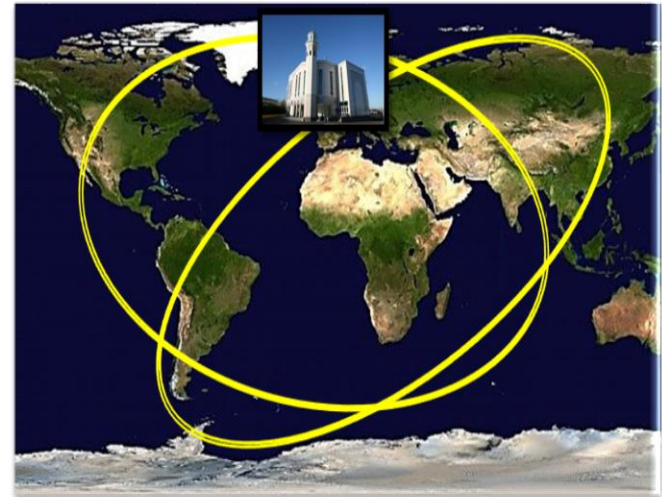


# **Friday Sermon: Khalifatul Maṣih II : Pearls of Wisdom**



**Sermon Delivered by Hadhrat  
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Head of the Ahmadiyya  
Muslim Community**



**relayed live all across the  
globe**

July 22<sup>nd</sup> 2016

In talking about the Promised Messiah (peace be on him) and his daily routine Hazrat Musleh Maud says that The Promised Messiah (peace be on him) worked hard to maintain his health and to keep his body very active.



He was not lazy or inactive at all. Instead he was very hard working and very much liked to be in seclusion. He did not ever shun the hard work.

Many a times it happened that whenever he had to go on a journey then the horse was sent by the servant ahead of him and he used to walk on foot, sometimes covering 20 to 25 miles.

This habit of taking regular walking continued till after he was in his 70s.



This is an example for us, specially those who have dedicated their lives for the services of the community.



They must develop stamina, gain physical fitness and must do regular exercise.

Some of the missionaries appear that they do not take regular exercise; some of them can be overweight.

So our missionaries should become fit, maintain weight and avoid junk food.

There are just empty words; I also undertake regular exercise on the exercise bike.

The important and most responsible jobs entrusted to our missionaries require very active beings for which exercise is very essential and must be given attention.

Therefore, they should take care of their health and should not be ignoring this important aspect of healthy living in order to perform their duties in the best possible manner.

The missionaries should practice speaking in a loud clear manner which is required when they go out to field for tabligh and the sound systems are not available mostly in the poor countries.

When Promised Messiah (peace be on him) stood up to deliver his speech in Lahore in the biggest hall which was full of people and there was so much crowd that the doors had to be kept open so the voice could reach the people outside sitting in the canopies.

It was so crowded and busy; in the beginning there was a bit of noise. As the speech progressed his voice was loud and clear and could be heard clearly.

Therefore, high pitch of voice for the service of Islam is considered normality. and powerful voice.

# Pearls of Wisdom

Some people worry that their standard of piety and virtuousness does not always stay uniform.

This is good to self-reflect on one's status of virtuousness, but it must be understood that this state does not stay the same all the time.

In the company of the prophets the state of piety increases because of the effect of the pious company.

One can self-reform with prayers and offering Ishtighfaar.

# Pearls of Wisdom

Some mothers get very anxious even about the small illness of their children.

Some mothers do not pick the illness of their child, till they are really ill.

Mothers who pick their child's illness early, help to maintain the health of their children

So, it is very good to self-reflect and remain vigilant about one's state of piety.

We must engage in prayers and Istighfaar all the time to guard against the spiritual illnesses.

Sometime, mere carelessness takes one away from God; one must remain vigilant.

One must always worry that one's spiritual ailments do not progress to a late stage, when these are difficult to treat.

# Pearls of Wisdom

Happiness and sadness are all due to underlying sentiments.

These sentiments have a deep philosophy; everyone's perception of happiness, sadness and pain is different.

The Promised Messiah (on whom be peace) made me understand this concept in one sentence.

It is human nature that we do not connect with the happiness and sadness of those, whom we do not feel attached to.

Therefore, we must keep ourselves attached with those who have done us favours and participate in their joys and sadness.

We must have the same sentiments towards member of the community and promote unity.

# Pearls of Wisdom

The religious honour and the fear of God must be respected.

When Abdul Hakeem announced his renunciation of Ahmadiyyat, Hazrat Khalifatul Masih I called upon his students and asked them to take out Abdul Hakeem's commentary from his library so that Allah Almighty be not unhappy or angry to me because of that.

So this is the fear of Allah that he had in his heart and indeed a very good example for all of us to follow.

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Difference of opinion is natural within a community.

Those who have a different of opinion that will lead to discord and conflict, should ne expelled from the community.

People who have habits and ideology that may have a long-term negative impact on the community have to be removed from the community.

Therefore, we must try to avoid interfering in the matters of those who are expelled from the community.

To promote preaching, the Promised Messiah<sup>as</sup> used to print leaflets and advertisements.

Now a days media can help disseminate the message of Islam to millions.

Therefore, it is helpful to have access to newspapers.

# Pearls of Wisdom

True faith, absolute reliance on God and adopting God-fearing righteousness helps one's every need.

Allah the Exalted meets all the needs of the person who puts his faith in God.

God has the Power to help everyone; Only God can help us. He is the All-Powerful God.

We must only depend on Him, we must only be fearful of Allah, Allah is the One Who makes things happen.

This is the message that we all must appreciate, understand and adhere to.

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