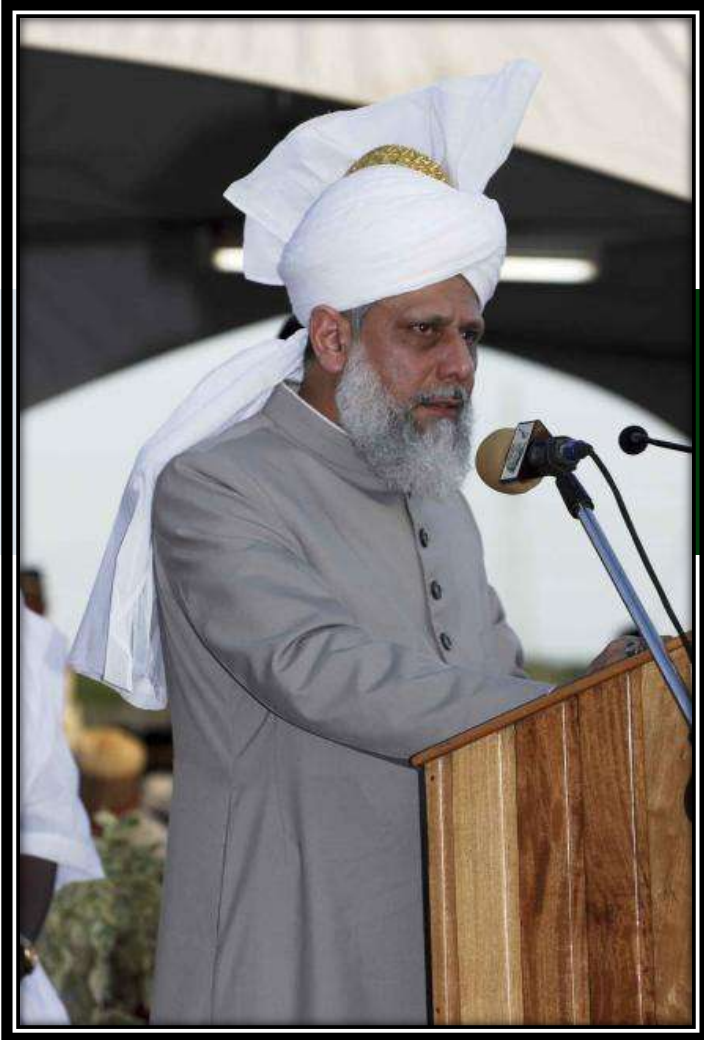


**Patience and  
Steadfastness in  
everyday life and in  
difficult circumstances**



**Friday Sermon  
November 19<sup>TH</sup> , 2010**



NOTE: Al Islam Team takes full responsibility for any errors or miscommunication in this Synopsis of the Friday Sermon

# Summary

An action which is to attract the pleasure of the Almighty is a pious action (*'Aml Salih*)

The Companions of the Holy Prophet (pbuh) attained strength to offer the greatest sacrifices for the sake of righteous standing

Hudhur (aba) gave examples of family life where patience could be exercised to gain Allah's pleasure

Hudhur (aba) explained patience in social interactions that may promote peaceful society

Patience in the face of unkindness is highly accepted deed in the eyes of Allah the Exalted

Hudhur (aba) gave sublime example of patience by the Companion of the Holy Prophet (pbuh)

Hudhur (aba) prayed May Allah allow us to continue to show patience and steadfastness

وَالَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ لَنُبَوِّئَنَّهُمْ مِنَ الْجَنَّةِ غُرَفًا تَجْرِي مِنْ تَحْتِهَا الْأَنْهَارُ خَالِدِينَ فِيهَا نِعْمَ أَجْرُ الْعَامِلِينَ

Chapter 29 , Verse 59

And those who believe and do good works — them shall We surely house in lofty mansions of Paradise, beneath which rivers flow. They will abide therein. Excellent is the reward of those who work good,

An action which is to attract the pleasure of the Almighty is a pious action ('Aml Salih)

## Patience and Steadfastness

This verse mentions those who brought about a great revolution through the training and heavenly power of the Holy Prophet Muhammad (pbuh) and attained strength to offer the greatest sacrifices for the sake of righteous standing

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**Righteous action; Persecution** When they were asked to bear persecution, they complied and did not respond to harshness with harshness

**Righteous action; Migration** When they were asked to leave their homes, they complied and migrated

**Righteous action; Defence** When they were allowed to defend themselves, they took up arms and punished the enemy

The strength of the faith of the companions and the strength to carry out righteous actions steadfastly were created through the spiritual power of the Holy Prophet Muhammad (pbuh)

When a believer's actions become subordinate to the will of the Almighty

He understands that his life is a trust from Allah

## Patience and Steadfastness

Allah will admit such person into Paradise because of his/her sacrifices and steadfastness

Some sublime examples of the steadfastness and persistence shown by the Companions in their daily lives and in the thick of the battle with the enemy

These examples illustrate how to act in different circumstances

## Patience and Steadfastness

## Patience in family matters

Some in-laws and husbands tease mothers for not given birth of sons and for only having daughters

Hudhur (aba) said that after listening to this Hadith any one with even a hint of faith in them can not ever tease or trouble mothers or daughters in any way

*The Holy Prophet Muhammad (pbuh) said that if a person is tried through having daughters only and remain steadfast, his daughters will be a barrier between him and the fire in the next world*

In this society there are certain problems that arise because of having daughters, if fathers remain steadfast, then there is a glad tidings for them that having daughters can bring them into the protection of Allah

## Patience in social matters

Some people get upset over trivial matters and refuse to mingle in the society

*The Holy prophet Muhammad (pbuh) said that a person who meets people and bears inconveniences and hurtful behavior patiently is better than a person who does not socialize and does not show patience and steadfastness in the face of hurtful treatment.*

Social interactions despite mutual difficulties and showing patience may become a source of reformation of others

Patience enhances forbearance leading to opportunities for further righteous acts

Members should cultivate patience and avoid frictions emanating from impatience

*The Holy Prophet Muhammad (pbuh) said that a strongman is not the one who wrestles the other down but the one who controls his anger*

Hadhrat A'ishah (may Allah be pleased with her) related that the Holy Prophet Muhammad (peace be on him) never hit anyone with his own hand except for in a battle and never retaliated except to hold the honour of God high

## Patience in social matters

This is a perfect example that displays true practice of patience

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# Patience in social matters

*The Holy Prophet Muhammad (pbuh) said that patience in the face of a hurt increases one's honour.*

**Hudhur (aba) said that you should always remember this, If you remain patience in the face of unkindness, it is such an accepted deed in the eyes of Allah the Exalted that Allah will bestow honour upon you**

**If people ponder reflect and adopt this attitude in every day life, then a peaceful society can be established**

# Ahadith about patience and steadfastness

*'The Holy Prophet Muhammad (pbuh) marveled at the fate of a Muslim that he is rewarded when he is steadfast in difficulty. He shows gratefulness in good circumstances leading to blessings and shows patience in difficulty leading to blessings*

*Any trouble a Muslim endures, Allah makes it a source of atonement for his lapses*

*Allah likes a person who is patient in face of the trouble caused to him by his neighbour*

*Amongst the people Allah is pleased with is a person who is patient*

# Patience and Faith

Hadhrat Ali (may Allah be pleased with him) said that patience in faith is just as a head is connected to a body

If you do not have patience, then you have no belief

A believer is counselled on how to pass through difficulties, behave and show emotions while going through these and how to respond to difficulties

*The Holy Prophet Muhammad (pbuh) taught us that when a believer is afflicted by a misfortune, he says, ... 'Surely, to Allah we belong and to Him shall we return...' [2:157] And that, Allah, bless me with a better alternate.*

Difficulties arise in personal, national and community life and dealing with these should be based on the principles of submission to Allah, forbearance and asking for Allah's protection and reward

## Patience and Prayer

الَّذِينَ إِذَا أَصَابَتْهُمُ مُصِيبَةٌ  
قَالُوا إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ

Chapter 2 , Verse 57

Who, when a misfortune overtakes them, say, 'Surely, to Allah we belong and to Him shall we return.'

## Patience and Prayer

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تَفُّ أُولَئِكَ عَلَيْهِمْ صَلَوَاتٌ مِّن رَّبِّهِمْ وَرَحْمَةٌ  
وَأُولَئِكَ هُمُ الْمُهْتَدُونَ

Chapter 2 , Verse 158

It is these on whom are blessings from their  
Lord and mercy, and it is these who are rightly  
guided

**Patience and Reward**

Some instances of the steadfastness of the Companions of the Holy Prophet Muhammad (pbuh) and some excellent example of patience and steadfastness

Some excellent example of patience and steadfastness

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Hadhrat A'ishah (may Allah be pleased with her) relates that the early Muslims were put in the trial of persecution.

Her father, **Hadhrat Abu Bakr (may Allah be pleased with him)** decided to migrate to Habshah. A friend of his knowing what a good person he was, provided him his protection in Mecca on the condition that he would only pray to Allah in the privacy of his house

In due course, Hadhrat Abu Bakr (may Allah be please with him) established a mosque in the yard of his house to pray and recited the Qur'an loudly with tears of passion. The neighbors would see him over the wall of his home.

The non-believers complained. His friend asked him to desist or revoke his protection. Hadhrat Abu Bakr (may Allah be pleased with him) revoked his protection.

Following this he was tormented, beaten, and his hair on his beard and head were pulled.

The Ahmadis in Pakistan are stopped from offering their Prayers. On Eid day Ahmadis were given police warnings for offering sacrifices of animals

Some excellent  
example of patience  
and steadfastness

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It is related that **Hadhrat Umme Shareek ( May Allah be pleased with her)** preached Islam secretly. The non-believers tied her to a camel and travelled for three days. They did not give her anything to eat or drink. They secured the camel in sun and went in shade.

She saw a container of water and reached it and drank it and sprayed some on her body to alleviate the effects of intense heat

The tormentors said that such a faith must be true and accepted Islam

When the non-believers returned, they saw her in better condition and noticed the signs of water splashes. They thought that she had freed herself and had used their water. She denied their allegations and told her story. They believed her when on checking they found that none of their water is missing

Some excellent example of patience and steadfastness

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Hadhrat Abu Bakr (may Allah be pleased with him) secured his freedom

**Hadhrat Bilal (may Allah be pleased with him)** was made to lay with naked back on hot sand of the desert and weight was put on him to hold him down while he continued saying, the One, the One

Once **Hadhrat Khabbab (may Allah be pleased with him)** was thrown in burning fire and was pushed down onto it. His back has permanent white steaks from burning of flesh and fat

Some excellent example of patience and steadfastness

This way Hadhrat Khabbab saw the reward of his patience himself

His owner used to torture him by burning his head with a hot iron rod. Later, she developed an illness for which the treatment of the time was to touch her head with burning iron rod. She had to ask Hadhrat Khabbab to carry out this treatment.

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**Hadhrat Uthman (may Allah be pleased with him)**

returned the protection of a non-Muslim Meccan and was shortly afterwards attacked and lost one of his eye. He affirmed his resolve and expressed his readiness to lose his other eye for the cause of Allah

Some  
excellent  
example of  
patience and  
steadfastness

During boycott while Muslims were facing Famine, **Hadhrat Zaid (may Allah be pleased with him)** was teased that he was facing hardship for the religion of the Holy Prophet ( pbuh); would he not like to be at home with his family and not being tortured? He responded that he wished no harm ever came to the Holy Prophet ( pbuh) even as small as a sting of a sharp needle

Meccans were surprised at the degree of unprecedented love and affection the Companions had for the Holy Prophet (pbuh)

Abdullah Bin Zubair was advised by his mother on the day he was martyred that die in the face of the sword and do not be disgraced

These are examples of patience and bravery of Muslims including women and children

Sanctity and faith of mothers who instructed their children not to show weakness of their faith

Some excellent example of  
patience and steadfastness

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The Promised Messiah (on whom be peace) said, Our Prophet (pbuh) never raised sword of his own accord.

He bore torment with perseverance, and so did his companions. The companions were trampled under feet. Their children were cut into pieces. They were tortured. Despite their bravery, their strength and their power, they did not rise against attacks and were patient for thirteen years.

Their patient was not due to helplessness but rather they had laid down their arms in obedience of heavenly commandments.

We do not find such morals in any other nations. This example is without parallel.

They did not undertake defense until they were directed after their migration to Mecca.

## Patience and Steadfastness

# Hudhur (aba) prayed

May Allah allow us to continue to show patience and steadfastness, and may He create circumstances for the seizure of the enemy, and may we continue to inherit the blessings of Allah, Ameen



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